Toronto metro

Your essential daily news | WEEKEND, SEPTEMBER 18-20, 2015

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Toronto metro

JAYS MAGIC NUMBER: 14

Metro grades the debate

Harper ..... B
Trudeau ..... B C+
Mulcair ..... B
metroNEWS

Your essential daily news | WEEKEND, SEPTEMBER 18-20, 2015 High 27°C/Low 18°C Sun again

The urban explorer

LOOKING AT TORONTO IN A NEW LIGHT metroNEWS

LIZ BEDDALL/METRO

GRIM TIMES FOR RECESSION GRADS

JOBS

And it keeps getting worse, study shows

Jessica Smith Cross
Metro | Toronto

Mandy Poremba put it this way: "Employed but underpaid, even after being successful in the position for five-plus years."

She's a graphic designer who graduated from university and into a recession in 2009.

A Toronto-based education expert says new Statistics Canada data reporting good news about how young people like Poremba are faring in the labour market is masking real, lasting employment scars for Ontario's recent grads.

The study, published Thursday, found Canadians aged 25 to 34 generally didn't see a drop-off in income or employment during or after the 2008-09 recession.

Not so, says Alex Usher, president of the Higher Education Strategy Associates.

"What I see hasn't been very positive," he said.

Usher recently examined survey data from the Council of Ontario Universities for the provincial government. He found entry-level income and employment for recession-era grads was lower than that of their pre-recession peers six months after they graduated. The trend continued two-years out after graduation.

Most concerning is the way incomes have continued to fall after 2009, he said.

Six months after graduation, the class of 2012 had an average income of about $42,000 — seven per cent below the class of 2005. Two years after graduation, incomes were 14 per cent lower.

The reason StatsCan's data didn't reflect those concerns could be, in part, because Ontario was hit harder in the recession, Usher said, adding it also could be because the agency looked at a large cohort of young people without taking into account whether they entered the labour force before, during or after the worst of the recession.

22059

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metro NEWS
Your essential daily news

NASA reveals new picture of Pluto. **World**

Supermarkets to see beer quotas

ALCOHOL

Grocers face penalties if they exceed limit: Sources

Supermarkets hoping to cash in on sales of six-packs could be limited to selling fewer than 300 a day under Ontario's strict new guidelines on beer retailing, the Torstar News Service has learned.

The complex quota system coming into effect within the next few months might see beer drinkers facing the bizarre prospect of empty shelves in their local grocery store once its annual tally has been reached.

That's because there will be unspecified penalties for retailers who try to sell more than their allocation, insiders say.

As part of an upcoming agreement with the brewing industry, Queen's Park has decreed that only 46 million six-packs will be allowed to be sold a year at 450 of Ontario's 1,500 supermarkets by 2018.

The limit works out to the equivalent of 279 six-packs — or about 70 cases of beer — sold daily.

Sources say the move will protect the 448-outlet Beer Store, which has enjoyed a virtual monopoly on suds in the province since the repeal of prohibition in 1927.

The Beer Store will be the only place consumers can buy 24-packs, though 12-packs will be available in some Liquor Control Board of Ontario shops.

Ontario Finance Minister Charles Sousa raises a glass at the new "growler" station in the LCBO's flagship Summerhill location on Thursday. COLE BURSTON/TORSTAR NEWS SERVICE

While the government promised on April 16 that the first Ontario supermarkets would be selling beer by Christmas, Finance Minister Charles Sousa said there are still some hurdles to clear.

"All the agreements are now being negotiated and those things take time," Sousa said Wednesday at the flagship Summerhill LCBO store where he announced that refillable "growlers"— large bottles that hold roughly a six-pack — will be sold.

"There's going to be announcements up till Christmas, but I'm not going to force something into play that doesn't give the grocers enough time to prepare themselves.

"We want to get this right. People are going to have access to alcohol anyway."

Sousa said supermarkets will begin bidding on the sales licences before the end of this year.

"I'm excited. We're in the final stages of getting this done and things will happen. Things have not changed in almost 90 years. We also want to be sensitive to the geography and the locations of those grocers. We want the mid(-size) players as well as the big players to win some of the licences."

Sousa, noting there will soon be "craft beer zones" in 25 of the LCBO's 651 stores, said the changes are good news for consumers and for the burgeoning microbrewery industry.

"Now we've got all these craft brewers expanding and growing within the province," he said, referring to the 100 small breweries employing about 1,000 people in communities throughout the province. TORSTAR NEWS SERVICE

46 million

Number of six-packs grocers will be allowed to sell.

279

Average number of six-packs per day, per store.

450

Number of Ontario's 1,500 supermarkets that will eventually sell beer.

448

Number of existing Beer Store outlets.

651

Number of LCBO stores.

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HUDSON'S BAY

FOLKSY PROTEST HARMONY OVER HARPERMAN Hoping to sing Stephen Harper out of office, a crowd of about 200 Torontonians gathered in front of Queen's Park on Thursday for their own rendition of Harperman. The gathering was one of 43 organized in cities across the country, featuring the song written by Environment Canada scientist Tony Turner. The scientist rose to fame when he was suspended from his job after a YouTube video of his anti-Harper sing-along went viral.
STEVEN GOETZ/FOR METRO

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Shared space wanted amid condo boom

RICHMOND STREET

Plans in works for YMCA to be part of a mixed development

Jessica Smith Cross
Metro | Toronto

It'll be a YMCA for the condo boom, paid for by the condo boom.

Plans are in the works for a new YMCA to be part of a mixed development at 505 Richmond St. W. — the old waterworks building at St. Andrew's Playground.

It's an area that's seen an influx of new condos, pushing the population of the King-Spadina area from 1,000 to an estimated 30,000 people in the last 20 years, Ward 20 Coun. Joe Cressy said.

Community space, however, hasn't kept up with the boom, said Cressy, who's been pushing for the YMCA.

And that, he said, is a big problem because "if you live in a condo, the park is your backyard and the community centre becomes you're playroom."

Early estimates put the price tag on the new 50,000-square-foot community centre, expected to include a swimming pool and a full range of programming, at $20 to $30 million.

Two-thirds of the money will come from the city, pulled from section 37 and 45 funds generated from development in the ward and meant to be used to benefit the community. The other third is coming from the YMCA.

Cressy is seeking approval from council, and the item will go to the executive committee on Monday.

Jennifer Holmes, vice-president of government relations with YMCA Toronto, said the Richmond Street West facility is one of 10 new centres the YMCA is planning across the GTA over the next decade.

Condos keep going up in the neighbourhoods near the site of the potential new YMCA. JESSICA SMITH CROSS/METRO

IN BRIEF

Uber driver sought in Toronto sex assault

Toronto police are seeking an Uber driver they allege sexually assaulted a passenger earlier this week.

Police say an Uber driver picked up a 25-year-old woman Tuesday and drove her to her home in north Toronto. They allege he then sexually assaulted her inside the car.

Police are trying to identify the driver, whose Uber profile is listed under the name "Amritpal."

THE CANADIAN PRESS

Video shows police standoff

Edward Michael Skotnicki appeared briefly at the College Park Court today after being arrested and charged in the theft of a vehicle around Bond and Shuter streets on Sept. 16.

Among charges against Skotnicki are flight while being pursued by peace officer and dangerous driving.

The standoff with police appears in a video in which multiple gunshots are heard and three police cruisers have boxed in a silver car.

TORSTAR NEWS SERVICE

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Sarah Power started her initiative to help designers find a platform to showcase and sell their products. CONTRIBUTED

EVENT

Show sells Canadian fashion

Gilbert Ngabo
Metro | Toronto

Consider it the next logical step after Fashion Week, says Sarah Power.

More than 40 fashion designers are headed to Toronto as part of an effort to make a direct connection between customers and Canadian apparel.

Power is the mastermind behind INLAND. The event will offer designers — from Toronto, Montreal, Halifax and London, Ontario among other places — an opportunity to go beyond just showing off their products, she said.

"Fashion Week is a wonderful event, but it doesn't actually, on the spot, instigate purchasing transactions," she said.

INLAND is a chance for that to happen and an avenue for local designers to grow their businesses, Power said.

"Every time you purchase something that's made from somewhere else, you're supporting a different identity rather than strengthening your own."

WHEN, WHERE

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Kevin Putnam is a member of a committee which is fighting a contentious project, involving the construction of a bridge along the existing CP Railway. LUKE SIMCOE/METRO

Residents rail at Metrolinx

JUNCTION TRIANGLE

Speculation over plan to build 1.6 km elevated track

Luke Simcoe
Metro | Toronto

People in the Triangle just want to be kept in the loop.

Residents of Toronto's Junction Triangle are accusing Metrolinx of withholding information about an elevated rail bridge that's expected to cut through their neighbourhood.

Metrolinx wants to build a 1.6-kilometre elevated track stretching from Bloor Street to Davenport Road, above the existing CP rail corridor. The agency says the elevation would reduce delays and increase capacity along the Barrie GO line.

It's a contentious plan. The environmental assessment for the project was pushed back this summer after residents expressed concern.

"When they first came forward, there were three options: a bridge, a tunnel and a trench. Now, they're telling us the bridge is the right way to go, but they won't tell us why," said Kevin Putnam, one of the local residents who's skeptical about the plan.

At a July 29 meeting, Transportation Minister Steven Del Duca told residents Metrolinx would make planning documents related to the rail bridge public. It's been six weeks, but Putnam said the promised information hasn't materialized.

"It's creating all kinds of speculation. Maybe there were no planning documents. Maybe Metrolinx just arbitrarily decided they wanted a bridge. We don't know," he said.

Metrolinx spokeswoman Anne Marie Aikins told Metro the information will be released in the coming weeks. She said delays were necessary to incorporate resident's feedback into the final documents.

"Releasing working documents before all of our studies are complete can create confusion," she said. "It is important that everyone have the correct information to have an informed conversation."

TRAIN TUSSLES

Bounded by three intersecting rail lines, the Junction Triangle has had its share of dust-ups with Metrolinx.

A 2009 plan to increase the frequency of GO trains through the neighbourhood was met with protests, and Kevin Putnam tried to stop Metrolinx from installing giant noise walls near the west side of the Davenport Rail Diamond.

"The way they've conducted themselves has left a bad taste in residents' mouths," Putnam said.

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Bonnie Crombie, mayor of Mississauga, and 75 community groups hope to raise $5 million to help Syrian families settle in Canada. BERNARD WEIL/TORONTO STAR

Mississauga mayor pledges Syrian aid

metro The Syrian Crisis
Canadians Rally

City will work with partners to bring 32 families to GTA

As images of Syrian families perilously trying to find a future home continue to shock Canadians, the mayor of Mississauga has announced plans to raise money to resettle refugees in the GTA.

Bonnie Crombie met with 75 people — business, religious, community and political leaders — Wednesday, and has announced a plan to raise $5 million so 32 refugee families can come to Canada.

"I have had a number of community, faith and business leaders reach out to me to discuss opportunities to do more to help Syrian refugees from a municipal perspective," Crombie said in a statement Thursday.

Working with the group Lifeline Syria, which aims to settle at least 1,000 Syrian refugees in the GTA over the next two years, Crombie will help create a Mississauga Fund.

She said that at Wednesday's meeting, members of the city's Muslim community issued an Eid Challenge for each mosque in the city — there are more than 40 — to raise $50,000 during Eid celebrations this month.

The city will use resources, such as its website and staff, to help co-ordinate the effort and send information to residents who want to help.

Meanwhile, local imams, Muslim business owners and many non-Muslim business leaders were among the group who pledged to raise $5 million.

Former Mississauga Liberal MP Omar Alghabra, a candidate in this year's federal election, arrived in Canada from Syria in 1989. His mother and three sisters still live there. He was at Wednesday's meeting hosted by Crombie.

"It was a moment of deep pride to see Mayor Crombie and my city reach out to the mosques, NGOs, business leaders and say: 'How can we help, what can we do?'"

Coun. Carolyn Parrish, a former Liberal MP, was also at Wednesday's meeting. She is a five-time visitor to the Middle East and longtime advocate for people from the region trying to resettle here.

"In sharp contrast to the federal government's embarrassingly inadequate response to the Syrian refugee crisis, Mississauga stepped up to the plate yesterday and pledged $5 million and sponsorship for 32 families.

"With less than a weeks' notice, the mayor filled a room at 7 a.m. with a true representation of a modern Canadian city," Parrish said.

"Business leaders and community groups enthusiastically pledged $5 million for sponsorships and immediate necessities for the hundreds of thousands languishing in camps. There wasn't a single reference to security, religion — only an opening of wallets and hearts."

TORSTAR NEWS SERVICE

PAN AM GAMES

READING WITH PACHI

When Valentin Kelemen discovered stuffed Pachi dolls were sold out at the official Pan Am Games store, he tracked down the plush toy's manufacturer but was forced to buy them wholesale. As he only needed one, he donated the extras to the Malvern Library, where he works. They were given to the library's summer reading program for kids.

COURTESY VALENTIN KELEMEN

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Jon Wakefield's custom phone case features Toronto city Norm Kelly. CONTRIBUTED

INTERNET

Kelly's strange claim to fame

JESSICA SMITH CROSS
jessica.smithcross@metronews.ca

A Michigan teenager is super happy with his latest purchase: A custom phone case featuring a photo of Toronto city Coun. Norm Kelly.

Reached by phone, Jon Wakefield said he's a 16-year-old high school student from the Flint area who works at Panera. He heard about Kelly when the 74-year-old councillor weighed in with Twitter jokes on the beef between rappers Drake and Meek Mill.

"I just think he's really funny and everything," Wakefield told Metro. "I just kind of, as a joke, wanted to get the phone case with him in on it."

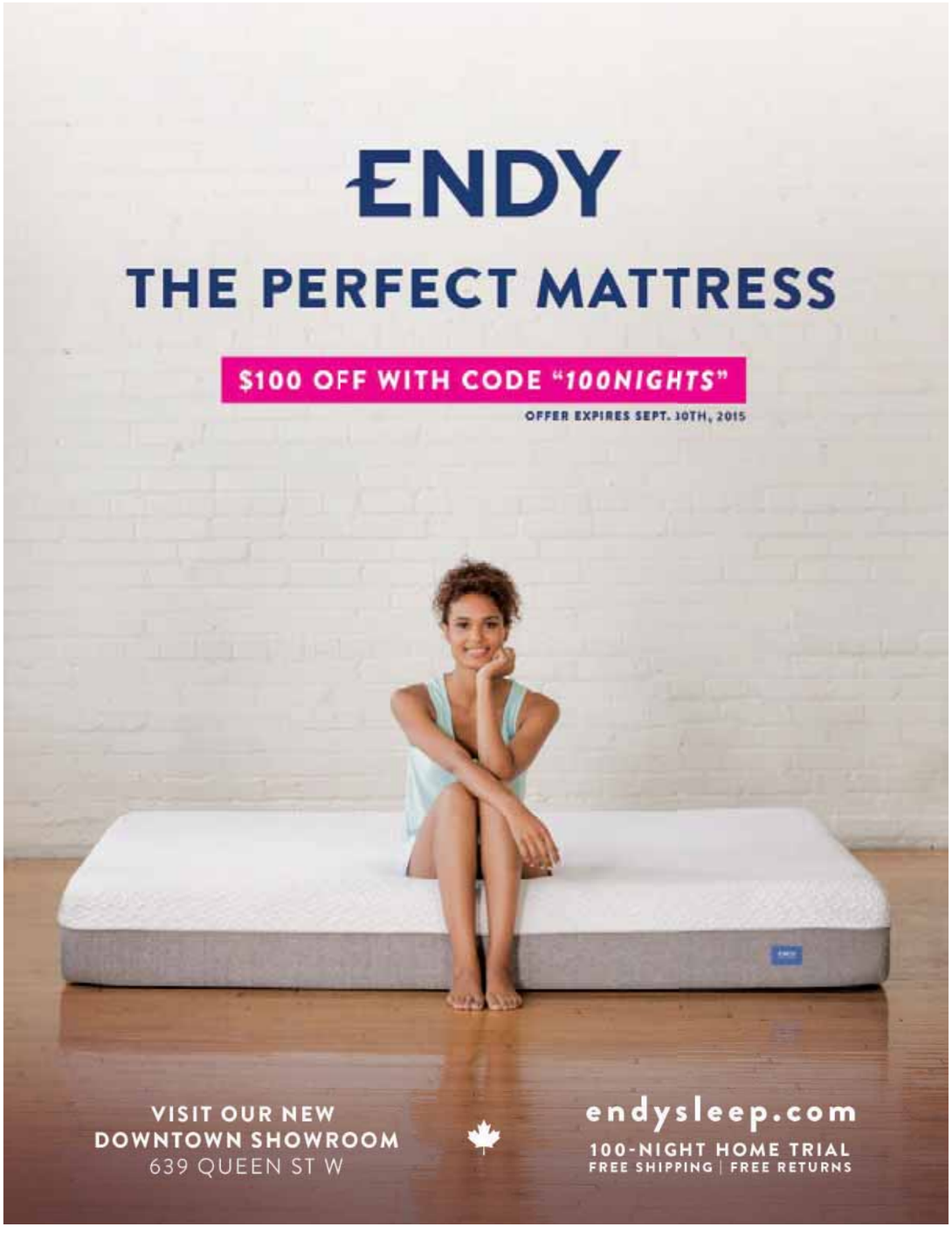
He's not the only who's noticed Kelly. The councillor now has 148,000 Twitter followers and a reputation as the Internet's dad.

Wakefield seems to be on board with that idea.

"Just got a new phone case with a photo of my dad on it," he tweeted Thursday. "Couldn't be happier. @norm."

Some of Wakefield's friends recognize the councillor, but Kelly's fame isn't universal in Michigan, he said.

"I feel like a lot of people around me don't really know who he is."



A no-parking zone is seen on College Street near Bathurst Street, where a Mercedes-Benz received a $450 fine for being parked illegally in the area Wednesday.
BRIAN B. BETTENCOURT/TORSTAR NEWS SERVICES

Boosted fines no deterrent

DISABLED PARKING

Number of tickets issued same despite tripled penalty

Heavier fines for parking in an accessible space don't appear to have discouraged the illegal use of disabled parking spots, the Star has learned.

Although parking enforcement officers have slapped drivers with $45 million in tickets for parking illegally in a space for the disabled since 2005, they have written about the same number of tickets each year.

The fine more than tripled in 2008. Parking enforcement doled out $1.5 million in tickets in 2007 and $4.5 million the next year but issued about 12,000 tickets a year.

This information was obtained with a freedom of information request.

The spike in fines followed a Star investigation revealing widespread abuse of disabled parking permits.

The investigation revealed that there were an unlikely number of centenarians, 4,400, holding a disabled parking permit in Ontario. That December, the Ontario government made it harder for scammers to get away with parking for free by reducing the validity period for temporary disabled parking permits and weeding out thousands of "dead" permit holders.

"The parking permit program is something we — as people with disabilities — fought hard for," said Sandra Carpenter, executive director of the Centre for Independent Living in Toronto, in an email on Thursday. "I can't tell you how offensive it is to find that people are using this program for false or frivolous reasons."

The most ticketed spots were spread out across the city, but four were in Yorkville, where street parking is scarce.

The riskiest spot to park a car without a valid accessible parking permit was 410 College St., in Harbord Village, facing the Kensington Community School. That space alone was responsible for $1.9 million in tickets since 2005.

Scott Wylie, a parking supervisor with the disabled liaison unit of the Toronto police, said drivers continue to abuse accessible parking spots because they are convenient.

12,000

The number of tickets issued every year for illegally parking in spaces for the disabled since 2005. Although fines have tripled since then, the number of violations has not changed.
TORSTAR NEWS SERVICE

Travel without leaving home

INTERNAL TOURISM

City dwellers get outside their bubble

Luke Simcoe
Metro | Toronto

A growing number of Torontonians are becoming tourists in their own city.

It's a phenomenon known as "internal tourism" and its proponents describe it as everything from a fun adventure to a civic duty.

"When you visit a city you've never been to before, you're more open to spontaneous experiences, but when you live somewhere you can get stuck in your own bubble," said Jake Tobin Garrett, who is in the middle of a year-long project to visit a park in each of Toronto's 44 wards.

Since starting in January, Garrett has cleaned up garbage in Rexdale, got lost in the city's expansive ravine system and ice skated with new Canadians at Morningside Park in Scarborough.

Daniel Rotsztain visited and sketched all 100 branches of the Toronto Public Library. His pictures will be published in a colouring book next month. CONTRIBUTED

Daniel Rotsztain, another internal tourist, has spent the past year visiting each of the city's 100 library branches and sketching them. His collected drawings will be published in a colouring book next month.

"I did it because I wanted to see every corner of Toronto," he said.

While sketching all 100 branches may have been the goal, Rotsztain said the journey was as important as the destination. Whether biking trails to reach a branch in Malvern, or sampling "delicious" ethnic food outside a branch in Etobicoke, he learned — and experienced — a lot about the city he calls home. "I think people tend to write off parts of the city, but I learned that's just not possible," he said.

Both urban explorers described their travels as a kind of civic engagement. "When people argue about the routes of the new Scarborough subway, for example, it's all pretty abstract until you get out there and see it," said Rotsztain.

TIPS FOR URBAN EXPLORING

Jake Tobin Garrett
LIZ BEDDALL/METRO

1. Set a goal
Jake Tobin Garrett said choosing a structure for his project helped him stop procrastinating. "One year. Forty-four wards. Forty-four parks," he said. "It had a beginning and an end, and now I want to finish it. It's pretty satisfying to have a list and cross things off."

2. Don't drive
In his bid to sketch all 100 Toronto Public Library branches, Daniel Rotsztain insisted on biking or taking transit to each one. "Experiencing first-hand what transit is like outside of the downtown core gives you the opportunity to experience the culture more ," he said. "You're not stuck inside your little steel box by yourself."

3. Find a map
Having a visual reminder of how big Toronto is and how much of the city is left to explore was a big motivator, said both Garrett and Rotsztain.

> **I chose parks because I love parks. But if you're not interested in parks you can do something else.**
> Jake Tobin Garrett

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Toddler goes home at last

HEALTH

SickKids the only place two-year-old has known

Gilbert Ngabo
Metro | Toronto

Taylum Lamoureux, seen with his mother, was born with a rare kidney disease. CONTRIBUTED

For the first time in his life, Taylum Lamoureux just started to live and play at home.

The two-year-old boy from Sudbury was born with autosomal recessive polycystic kidney disease, a rare but dangerous condition that forced his mother to move to Toronto for his treatment at SickKids hospital.

After a long ordeal that included at least nine surgeries, hundreds of hours of hemodialysis and a new kidney from a donor, Taylum was allowed to go home last month. The family still has to bring him to Toronto every two weeks for clinical appointments, and he'll eventually need another kidney transplant.

"He seems to really be enjoying his new environment, with way more room to play and do much more normal things," said Desiree Lamoureux, his mother.

It's the complete opposite of how things felt at the beginning. Research suggests only one in four children with Taylum's conditions survive.

"When Taylum was born, I literally felt like somebody just ticked at my life and shook it and turned it upside down," she said, remembering how the family had to live a split life. "It was really scary. There was only the feeling of doom."

Like thousands of families whose members have this disease, she still struggles to accept the reality at hand.

There are over 60,000 cases of polycystic kidney disease in Canada, and it affects one in 500 people worldwide. But issues of stigma and stress levels are rampant, said Jeff Robertson, executive director of PKD Foundation of Canada.

"What we're trying to do is to let people know that kidney diseases are non-discriminatory, regardless of age, race or ethnic origin," he said. His 92-year-old grandmother has it, and his mother has had two liver transplants and will require a kidney transplant as well, he said.

Robertson and his sister however were lucky not to have the condition, and thus PKD has stopped in their family because it doesn't skip a generation, he said.

The foundation will lead the annual Toronto's Walk for PKD, taking place on Sept. 27 and raising funds for research and treatment for the disease.

"The walk serves as a united voice for the PKD community, building connections and showing support to those affected," said Robertson.

> **"It was really scary. There was only the feeling of doom."**
> Desiree Lamoureux

IN BRIEF

Elderly woman drives car into Etobicoke pool

A woman about 80 years old managed to extricate herself safely after plunging her Volvo into an Etobicoke pool around noon Thursday.

Witnesses said the vehicle rammed through two fence gates before landing in the residential pool near Eglinton Avenue and Scarlett Road. She was taken to hospital with minor injuries and the car was lifted out of the water. TORSTAR NEWS SERVICE

Man sought after shots hit taxi in North York

Police are looking for a suspect after a taxi was shot at in North York over the lunch hour Thursday.

The Beck taxi was hit by gunfire in the area of Bathurst Street and Wilson Avenue at about 12:15 p.m., Const. Victor Kwong told CP24. The taxi driver was not shot, Kwong said, but was injured by shattered glass. A man was seen fleeing the scene on Bathurst Street in a black Honda Civic.
TORSTAR NEWS SERVICE

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The city has a long history with battling racial tensions. They've bubbled over multiple times, including in 1992 when the acquittal of Los Angeles police in the Rodney King beating sparked a riot along streets. TORSTAR NEWS SERVICE FILE

Toronto isn't over racism: Author

ACTIVISM

Engler says the city must acknowledge past hatred

Luke Simcoe
Metro | Toronto

Overcoming Toronto's contemporary struggles around race begins by acknowledging the city's "racist" past, says one author and activist.

Although often hailed as a beacon of diversity and tolerance, Toronto's history is tainted by racist and colonial attitudes, said Yves Engler, a Montreal-based writer and author of Canada in Africa: 300 Years of Aid and Exploitation.

In the late 19th century, Toronto was home to one of the world's largest inter-denominational Protestant missions. According to Engler, hundreds of missionaries from the city travelled to Africa to convert locals to Christianity.

While there, Engler said many engaged in practices that "undermined African culture."

Activist Yves Engler is the author of eight books on Canadian politics. CONTRIBUTED

"They wanted to teach people to read — which on the surface doesn't seem like a bad idea — but they only wanted to teach them enough to read the Bible. They had internal discussions about not educating them enough to find jobs or gain independence," he said.

When missionaries returned to Toronto, Engler says they published articles depicting Africa as a "dark and backwards" continent full of "savagery and sin."

Such notions were often echoed by local media. For example, Engler unearthed a 1959 Toronto Star editorial about independence protests in the Congo, claiming "forces are loose in Africa that even the enlightened Belgians could not control," and referring to the Congolese "a backward, savage people."

As recently as 2011, the Toronto Sun referred to Africa as "the dark continent" in a story about the Afrofest music festival.

While the city has made significant progress, Engler said it's hard not to see shades of Toronto's racist past in issues today, particularly the debate around police carding.

MEETING UP

Yves Engler will be discussing his latest book, Canada in Africa: 300 Years of Aid and Exploitation, in Toronto next week.

He'll be at Beit Zatoun on Sunday and the Ontario Institute for Studies in Education at the University of Toronto on Sept. 24.

WOMEN'S ISSUES

Wynne vows an end to abuse

Premier Kathleen Wynne is vowing to put an end to the abuse of women in Ontario, saying she wants the province to be a place where everyone looks out for each other.

Wynne made the comments during a visit to a sexual assault centre in Guelph, where she made a funding announcement.

The province will increase funding for all 42 sexual assault centres in Ontario by $1.75 million annually to $14.8 million a year. "It's a lofty goal to end sexual violence and assault in Ontario, but we've got to have that vision," Wynne said. "We've got to have a vision of a world where everyone can be safe, even though it's a really hard to do, but if we don't have that vision then we'll never get there."

THE CANADIAN PRESS

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Harper and Mulcair score

LEADERS' DEBATE

Trudeau fails to deliver during feisty ideas exchange

Steve Rennie
Metro | Ottawa

This was the debate performance Stephen Harper probably wanted to have. This was the debate performance Tom Mulcair probably needed to have. This was the debate performance Justin Trudeau probably wants to have back.

The Globe and Mail leaders' debate might have been the ultimate test of who could talk over each other the loudest. Moderator David Walmsley, the newspaper's editor-in-chief, had about as much authority over the leaders as the referee in a professional wrestling match. He lost control early on and never got it back. All the cross talk made it difficult to hear the leaders at times. It was a far cry from the relative civility of the earlier Maclean's debate.

Here's my scorecard on the leaders' debate performances:

NDP Leader Tom Mulcair, Liberal Leader Justin Trudeau and Conservative Leader Stephen Harper are seen at various points during Thursday's Globe and Mail leaders' debate in this photo illustration. SEAN KILPATRICK/THE CANADIAN PRESS

Stephen Harper

The challenge

The Conservative leader went into this debate buoyed by Finance Department numbers showing the government had a $1.9-billion surplus for 2014-15 instead of a predicted shortfall. It put an end to a streak of six straight years of gradually shrinking deficits under the Harper government. The surprise surplus also let Harper change the channel on some of the other issues — most recently, the government's response to the Syrian refugee crisis and news coming out of the Mike Duffy trial — that have derailed the Conservative campaign. Harper's biggest challenge was convincing Canadians that the Conservatives are still the best party to trust to manage the economy.

The performance

Harper was clearly in his element talking about the economy. He went on the attack early, claiming the NDP's plan to hike corporate taxes would put countless people out of work. He was equally aggressive going after Trudeau over his comment that wealthy Canadians use the small business tax rate to avoid taxes. He knew when to let Trudeau and Mulcair tear into each other, and came out of this debate looking no better or worse than he did going in, which — after a campaign that hasn't gone as well as the Conservatives had hoped — can be considered a win.

Tom Mulcair

The challenge

One of the big challenges in this debate was to ease any lingering doubts about an NDP government's ability to be prudent fiscal managers (especially in Ontario. Mulcair's New Democrats have promised to balance the books in 2016-17 – but there are still lingering questions about how they would pay for all their campaign promises.

The performance

Mulcair looked much more relaxed than he did in the first leaders' debate, even cracking jokes at times. Like Harper, he knew when to attack and when to sit back and let Harper and Trudeau duke it out. He was able to fend off the Harper's attacks on the NDP's plan to raise corporate taxes to pay for a suite of new spending programs. This was the performance he needed to give to appeal to undecided voters.

Justin Trudeau

The challenge

Trudeau is the only party leader promising to run deficits of up to $10 billion for the next three years to stimulate the economy with massive spending on infrastructure. It's a risky gambit, one the Liberals hope will entice voters who see the value in spending big if it means easing traffic congestion or upgrading sewer systems. The Liberal leader also had to contend with charges from his rivals that he's not ready to be prime minister, and so this debate was a chance for him to show Canadians that he has the economic bona fides for 24 Sussex.

The performance

The style that helped Trudeau in the last debate didn't work as well in this format. His interruptions were grating in a debate that was already putting the audience's patience to the test, he spoke a mile a minute and many of his lines seemed too rehearsed. He was certainly the most animated of the leaders. But he also didn't do any grievous harm to himself, and he managed to get in a few good shots at Harper and Mulcair, so it wasn't all bad.

> **"I've never said things were great in the Canadian economy.**
> Stephen Harper

> **"Mr. Harper sees the environment and the economy as polar opposites.**
> Thomas Mulcair

> **"This is the time to invest in the future of our country. Canadians know this.**
> Justin Trudeau

Stephen Harper: B

Tom Mulcair: B

Justin Trudeau: C+

READY TO ENGAGE

Starting Monday and running through election day: A daily package of election coverage focusing on the issues that matter to the modern urban voter.

TWITTER

#GlibAndMale: May crashes the #elxn42 debate

Colin McNeil
Metro | Toronto

Elizabeth May: B-

Elizabeth May doesn't take 'no' for answer.

The Green party leader teamed up with Twitter to force her way into a debate she wasn't invited to yesterday.

Responding in real time, Liz was sharp in her tweeted video responses to questions on the economy. Her first response came eight minutes into the program, pumping out 25 short videos during the two-hour broadcast.

The Saanich-Gulf Islands MP directly attacked two of the Big Three leaders, criticizing the Prime Minister on his "rip and strip" resource management and Mulcair on his cap and trade carbon tax policies.

Tweets supporting May's guerilla-style debating flooded in by the hundreds during the forum, with the search term "Elizabeth May" neck and neck with the official #GlobeDebate hashtag in terms of activity.

The most shared tweets on that official hashtag were all Elizabeth May videos as of half-time. May's own parody, #GlibAndMale, started trending just a few minutes in.

Her most popular response was a video about the urgency of climate change, which had 150 retweets.

But using Twitter as your mouthpiece has its downfalls. May's videos and info-graphics couldn't get out fast enough to keep up with the live stream, and she sometimes veered off topic.

Elizabeth May records a video to be uploading to Twitter during the leaders' debate. CHAD HIPOLITO/THE CANADIAN PRESS

WHERE THE LEADERS ARE ON FRIDAY

- **Stephen Harper** will be in Calgary and Toronto
- **Justin Trudeau** will be in Montreal
- **Tom Mulcair** will be in Regina
- **Elizabeth May** will be in Brentwood Bay, B.C.

Charges laid in death of officer

HALIFAX

'Evidence' in green bin part of case, say investigators

Zane Woodford
Metro | Halifax

Christopher Garnier is escorted by sheriffs into a Halifax provincial courtroom on Thursday. JEFF HARPER/METRO

Halifax police are asking the public for help in gathering more evidence in the homicide of Truro police Const. Catherine Campbell.

At a news conference Thursday morning, Supt. Jim Perrin announced charges of second-degree murder and indecent interference with a dead human body against 27-year-old Christopher Calvin Garnier. He said police are not looking for any other suspects.

Perrin said police believe Campbell, 36, was murdered in the early morning hours of Sept. 11, and that Garnier moved a green bin later that morning.

They're asking for anyone who saw a white man in a T-shirt and shorts pushing or pulling a green bin on Agricola, North or Barrington Streets around 4:30 a.m. on Sept. 11 to call police or Crime Stoppers.

"We believe that there was evidence in the green bin," he said. "I can't get into the particulars of what that evidence was."

Perrin also would not say if police had found the green bin in their searches, only that they'd "seized copious amounts of evidence as part of this investigation."

Police could be seen Thursday afternoon near the Macdonald Bridge continuing their search, cutting down shrubs, scouring the area and surveying across the street.

They had searched two other locations on Wednesday: one on McCully Street in Halifax, where police believe the murder occurred, and one on Chadwick Place in Clayton Park where the accused lives.

Perrin would not elaborate on Garnier's connection to the McCully Street property, or why it's believed the murder happened there.

He said Garnier and Campbell met at a downtown Halifax bar earlier that night, but he could not say if Campbell showed up with friends or went there to meet someone, just that police had confirmed the two were in the same bar that evening.

When asked to explain the charge of indecent interference with a dead human body, Perrin said it covers "a wide array of violations that could occur."

"We've laid that charge because of the cavalier way that Ms. Campbell's body was disposed of," he said.

Campbell's remains were found at 12:10 a.m. Wednesday on Barrington Street, underneath a ramp leading up to the Macdonald Bridge.

Just over an hour later, at 1:20 a.m., police pulled over a vehicle in Clayton Park and arrested a 27-year-old man.

FEDERAL ELECTION

Candidate wants apology, says MP called him names

Elisha Dacey
Metro | Winnipeg

A Green party candidate for Winnipeg Centre is demanding an apology after he claims the sitting MP deliberately "jabbed his ribs" and called him names.

"I demand an apology from the NDP MP for his behaviour last night," said Don Woodstock in a statement sent to media Thursday. "I couldn't believe it. Pat Martin, the incumbent, elbowed me in the ribs, and called me a f—g p—k!

"I am not the only one who saw it, we have video evidence, and a young reporter with (the) alternative media came up to me after the debate and told us he had seen and heard it, too."

In a video on Vine shared in social media circles, Pat Martin can be seen and heard swearing at the candidate.

"Son of a b—h. You son of a b----h," Martin says while sitting behind a microphone at Portage Place during the Downtown Winnipeg BIZ association's debate about downtown issues.

Martin made the comments after Woodstock and Liberal candidate Robert-Falcon Ouellette accused him of not truly living in the riding.

Metro Winnipeg sponsored the debate and columnist Shannon Van Raes moderated it.

Woodstock said he has sent a letter to NDP leader Thomas Mulcair asking for Martin's removal.

Martin was not immediately available for comment.

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Dr. Marita Schauch, BSc ND debunks myths about collagen "creams," beauty industry promises and plastic surgery to show you how and why *building* and *generating* collagen is an essential component to true health and beauty in her newest book **Collagen Myths & Misconceptions**.

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Croatia reels over influx of refugees

MIGRANT CRISIS

Dozens hurt as 8,900 asylum seekers run to buses, trains

Croatia staggered Thursday as thousands of asylum seekers poured in from Serbia. Dozens were injured or trampled in a mad rush to get on the few buses and trains authorities could provide, and some police even stood behind trees to protect themselves from the melee.

The Balkan nation has suddenly become the latest hot spot in the 1,000-mile plus exodus toward Western Europe after Hungary sealed off its border Tuesday with a razor-wire fence and then used tear gas, batons and water cannons to keep the migrants out.

Croatia represents a longer and more arduous route into Europe but those fleeing violence in their homelands had little choice. Police said over 8,900 people had entered in the last two days.

After bus trips through Serbia, many migrants crossed fields on foot to enter Croatia, where dozens of police directed them to trains and buses heading to refugee centres. Authorities warned them to avoid walking in areas along the Serbian border that were still being demined from the country's 1991-95 war.

Early on things were calm, but they soon got out of control.

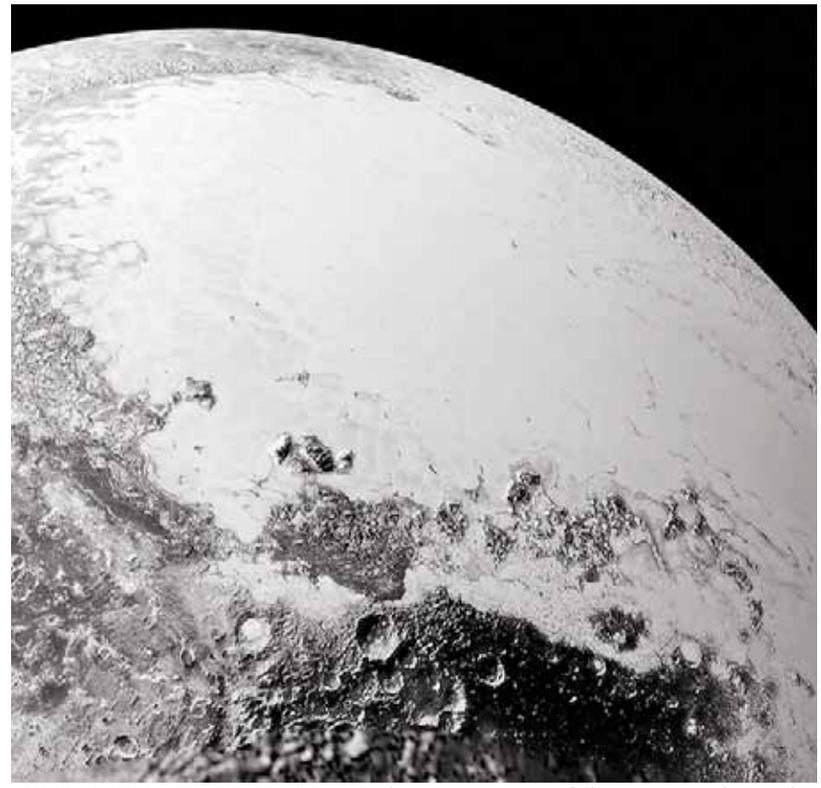
Hundreds of angry asylum seekers pushed through police lines in the eastern Croatian town of Tovarnik after waiting for hours in the hot sun, demanding to be allowed to move on toward Western Europe. An Associated Press photographer saw one man collapse on the ground and dozens injured.

More than 2,000 men, women and children had been stuck at the local train station for hours. When buses finally arrived, groups charged toward them, overwhelming Croatian police. The situation calmed down but some migrants moved off on foot, with police unable to stop them.

Hundreds of other asylum seekers came over a Danube River bridge to the northern Croatian town of Batina after being bused there by Serbs, overwhelming the local police.

The migrants are unlikely to stay long in Croatia, where they must be registered. They can ask for asylum in Croatia, but almost all plan to travel on, passing through Slovenia and then Austria en route to Germany or the Scandinavian countries. THE ASSOCIATED PRESS

> **I believe we have a moral duty (to) offer them protection.**
>
> Dimitris Avramopoulos, European Union's migration commissioner



PLUTO CAN YOU HEAR ME, MAJOR TOM? The newest pictures of Pluto are so up close and personal that the mission's top scientist says it "makes you feel you are there." Principal scientist Alan Stern says the pictures shed new light on Pluto's mountains, glaciers and plains.
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Chile an expert in earthquakes

PREPARATION

Damage level from huge shake called relatively low

Parts of the port city of Illapel, Chile, were a disaster zone Thursday after an 8.3-magnitude quake hit off the coast, killing at least 11 people and likely causing billions in damage. Overturned cars and splintered boats sat mud next to furniture, toppled adobe homes and fishing nets tangled in trees.

The most stunning thing about Wednesday night's earthquake, however, may be the relatively low amount of havoc caused by such a powerful shake.

While the quake led more than one million to evacuate coastal areas, seismologists said Chile's heavy investment in structural reinforcement of buildings and constant refinement of its tsunami alert system helped prevent what would have been a catastrophe in less prepared nations.

"Chile has good codes and good compliance, which together have reduced the vulnerabilities of their building stock over the decades," said Richard Olson, director of Florida International University's Extreme Events Institute.

"I would rather be there in one of their cities than in many other countries in an earthquake."

Living in one of the world's most seismically active places, the Andean nation's 17 million people have little choice but to become experts in earthquakes.

The strongest earthquake ever recorded happened in Chile: a magnitude-9.5 tremor in 1960 that killed more than 5,000 people.

Wednesday's quake lasted a nerve-shattering three minutes, swayed buildings in the capital, Santiago, and prompting authorities to issue a tsunami warning for the country's entire Pacific coast.

THE ASSOCIATED PRESS

A woman walks past a car that was propped up in mid-air by an earthquake-triggered tsunami in the coastal town of Coquimbo, Chile, Thursday. LUIS HIDALGO/THE ASSOCIATED PRESS

Infertility breakthrough: Human sperm developed in lab

A French startup working with a top government lab said it has developed in-vitro human sperm, claiming a breakthrough in infertility treatment sought for more than a decade.

Researchers with Kallistem had announced the discovery previously, but they and French government lab CNRS described how it works for the first time Thursday.

They have developed sperm from immature cells known as spermatogonial cells, which are present in all males, including prepubescent boys, and under normal conditions develop into sperm cells once puberty starts. The technology must now be clinically tested.

Philippe Durand, the chief Kallistem researcher, said the genesis of the research was indications that male fertility was declining, which he said could be attributed to environmental factors.

The research team developed a bioreactor using a viscous fluid made partly of substances found in the walls of mushrooms or in crustacean shells to reproduce the conditions within the body.

CNRS researcher Marie-Helen Perrard said young men with cancer that could cause fertility issues would be the first type of patient who could be helped by the process.

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IN BRIEF

Doritos rolls out chips inspired by Pride flag

Doritos unveiled bags of rainbow-colored corn chips on Thursday in support of the It Gets Better Project, an organization started to encourage gay and lesbian teenagers who've been bullied.

Bags of Doritos Rainbows, inspired by the LGBT Pride flag, will be mailed to people who donate at least $10 US to the organization through a special website.

Frito-Lay said all of the donations will go to the It Gets Better Project.

THE ASSOCIATED PRESS

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Emergency fund vital, credit counsellor says

PERSONAL FINANCE

Many don't have enough for unexpected expenses

Credit counsellor Pamela George has seen clients get into trouble for want of $500 and been forced to resort to a payday loan to treat a sick pet.

Without even a small emergency fund, George says, an unexpected expense can spur "a dangerous downward spiral."

That's why George, with the Credit Counselling Society, says everyone needs an emergency fund for when they hit one of life's speed bumps like the loss of a job, urgent home repairs or other unanticipated expenses.

How much you need depends on your personal situation, but she recommends the equivalent of three to six months of your net income.

For someone earning about $50,000 a year, that means putting aside between $10,000 and $20,000.

"Start small," she said, recommending an initial target of $1,000. "Put aside $50 per paycheque, eventually that adds up to $1,000. When you've met the $1,000, say: 'Now I'm going to aim for $2,000."'

Selling things you don't need online or getting a second job may also be options to jumpstart an emergency fund.

A recent survey done for the Bank of Montreal suggested 24 per cent of Canadians have little, if anything, put aside in an emergency fund and roughly 56 per cent have less than $10,000 saved for unexpected expenses.

Medical expenses, job loss, major car repairs and unexpected home repairs were cited as the top emergency concerns by those surveyed.

THE CANADIAN PRESS

Credit expert Pamela George recommends saving three to six months of net income for unforeseen bills. THE CANADIAN PRESS FILE

MOBILE DEVICES

Amazon unveils $50 tablet

Amazon is dangling a $50 US tablet computer in its latest attempt to lure consumers who can't afford or don't want the more expensive Internet-connected devices made by Apple and other rivals.

The seven-inch Fire tablet unveiled Thursday marks Amazon's most aggressive attempt yet to undercut Apple, which has been the market leader since its first iPad went on sale five years ago. The least expensive iPad Mini, which has an eight-inch screen, currently sells for $270.

Amazon.com Inc. isn't trying to persuade anyone that its cheap tablet matches the quality of its own sleeker, higher-priced Fire HD alternatives, let alone the top-selling iPad line.

But the Seattle company is counting on the new tablet's low price to encourage more people to buy a device that will hook them on watching video, reading books, playing games and shopping on a computer that's easy to carry wherever they go. In the process, Amazon is hoping consumers will buy more digital goods and merchandise from its store while also subscribing to its $100-per-year Prime service that offers a mix of videos, music and free shipping.

As with its previous low-priced tablets, the new Fire device will show ads on its screen saver. Avoiding the ads will cost an additional $15.

THE ASSOCIATED PRESS

Amazon's $50 Fire tablet. ERIC RISBERG/THE ASSOCIATED PRESS

HEALTH CARE

Smartphone apps top 165,000: Report

Smartphone users now have more than 165,000 apps available to help them stay healthy or monitor a medical condition, but just three dozen account for nearly half of all downloads, according to a new report.

Most apps focus on fitness or wellness by helping the user do things like count calories or track steps walked. Doctors and other care providers also are taking a growing interest in using apps to help patients, but concerns about a lack of research and data protection are limiting wider use of the technology, the IMS Institute for Healthcare Informatics said.

Even so, health app use is shifting from being a novelty to more of a core part of care for many people, said Murray Aitken, the institute's executive director. "We're clearly moving in that direction," he said.

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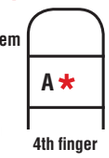

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metro VIEWS

"You've been stuck in a motorcade": At Thursday's debate Trudeau mocked the PM as out of touch on transit, leading some to point out how he travelled as a toddler.

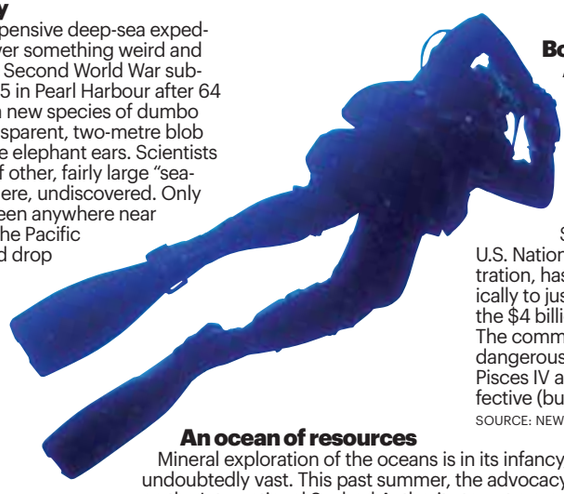
COOL SCIENCE

THE BIG THING: IS DEEP SEA THE NEXT FRONTIER?

The sea was supposed to be humanity's next great adventure. We have explored less than five per cent of the world's oceans, which contain an estimated three-quarters of a million species as yet unknown to science. Not to mention the wealth of mineral and energy resources bound to be fought over in the coming years. But interest and money for deep-sea research has dried up. Plans are in the works to send people to Mars, but we still know very little about the depths of our own planet.

Hostile territory

Every dangerous, expensive deep-sea expedition seems to uncover something weird and wonderful — like the Second World War submarine found in 2005 in Pearl Harbour after 64 years lost at sea, or a new species of dumbo octopus, a semi-transparent, two-metre blob with fins that look like elephant ears. Scientists see a solid chance of other, fairly large "sea-monsters" still out there, undiscovered. Only three people have been anywhere near the deepest part of the Pacific Ocean — a dark, cold drop of close to 11 kilometres. If not for specially designed pods they used, the pressure would have crushed them in an instant.



Bottomed out

A few years ago, science seemed on the cusp of a privately funded deep-sea exploration boom. There was James Cameron's $10-million adventure in the Western Pacific in 2012, Virgin Airlines founder Richard Branson's $17-million Virgin Oceanic submarine in 2009, and Google chairman Eric Schmidt's $40-million Deep Ocean project. The U.S. National Oceanic and Atmospheric Administration, has slashed its exploration budget dramatically to just $26 million per year (Compare that to the $4 billion NASA gets to explore space). Why? The common argument is that sea exploration is dangerous, and submarines like the Canadian-built Pisces IV are aging and being replaced by less effective (but safer), unmanned robots.

SOURCE: NEW YORK TIMES

An ocean of resources

Mineral exploration of the oceans is in its infancy, but the resources — and wealth — are undoubtedly vast. This past summer, the advocacy group MiningWatch Canada called on the International Seabed Authority to put a moratorium on exploration licences for deep-sea mining — it has already given out 27 to companies around the world.

You have something to add to Canadian science

THE SCIENCE

Stephanie Orford

This week in Calgary, a science festival called Beakerhead is smashing any preconceptions you ever had about science being boring, for nerds or for boys.

For the third year in a row, this melting pot of more than 60 events across the city shows you can find science anywhere.

The more science you understand, the better equipped you will be to make decisions for yourself, the people you care about and your country.

One event, Late Night Labs, brings visitors into five different research labs where they make something together, such as ice cream or a silver-plated bracelet charm. Are you on a date or is it science? Both!

Another workshop, An Introduction to your Nose, helps people sniff out the science behind skin-care products and how they interact with your body.

Welcome to Canada's new science culture. It's everywhere and you're part of it.

Last year a report on science culture published by the Council of Canadian Academies found that, although overall Canada's science culture is strong relative to other countries, 72 per cent of Canadians couldn't define what a molecule was, and 49 per cent couldn't describe DNA.

Canada has gained a reputation as the country that "muzzles" publicly funded scientists, preventing them from sharing their findings and voicing their opinions freely to media.

Our country has received several international mock "awards" that call out governments for failing to act on climate change and loss of biodiversity.

You have a lot to add to this conversation.

You don't necessarily need to become an activist. But indulge your curiosity. Wonder, discover, keep asking questions. What sparks your imagination? What makes you laugh? What are you passionate about? Whatever it is, there's science in it.

The more science you understand, the better equipped you will be to make decisions for yourself, the people you care about and your country.

"No government, no corporation, no one person can write a plan for how to create a science culture because it isn't a strategy. It's a way of living and breathing and interacting. It's culture," says Mary Anne Moser, CEO and co-founder of Beakerhead.

Science museums, movies, podcasts, festivals and every other creative form of science exploration spark that Zen moment of science. Engage in science, and you'll find yours.

It's the epiphany where you see the seemingly small, seemingly meaningless thing you're doing is deeply connected with the workings of a wider world, and all its intricacies and mysteries.

It's the moment when you realize just how damn cool this is.

Stephanie Orford is a Vancouver-based writer. This is the final edition of The Science.

Planning to vote? No? What's your excuse? Visit metronews.ca to answer our poll.

metroview

I'm Chinese-Canadian, but I'm not a tiger parent. Here's why.

Catherine Little
For Metro

Would you be more impressed if your child was a gymnast or a juggler? A chess champion or a Pokémon master? A good pianist or a great gamer?

I've written before that I don't limit my 13-year-old's gaming. With fall activities about to begin, I've been thinking about the hierarchy of options and what they say about my parenting.

I consider myself a supportive mom. I try to understand what my son likes. I try not to judge what he wants to do with his spare time. I don't force him to take lessons he is not interested in.

In his case, this meant quitting choir, continuing swimming and never even starting piano. Chess and Pokémon coexisted for awhile, and his house-league baseball career began this year.

Having immigrated to Canada in the early 1970s, my parents couldn't afford extra-curricular activities for me. They were strict, but I always knew I would have whatever I needed to do well in school.

When Amy Chua's book Battle Hymn of the Tiger Mom came out in 2011 — it was all about pushing her daughters to extreme levels of achievement, without much regard for the kids' wishes — I worried I wasn't pushing my son enough. If all of the other Chinese moms were parenting this way, was I being negligent? How was he going to compete with children whose screen time was limited? Why was he wasting time at sleepovers? Should I be less supportive, more authoritative?

Well, turns out there was an actual study that looked into tiger parenting. It found that children who had extremely strict, pushy parents were less well-adjusted,more alienated from their parents and felt less family obligation. The kicker: Children of tiger parents didn't even have the highest GPAs.

The researchers, writing in the Asian American Journal of Psychology in 2013, advise parents to be warm, not cold. Explain instead of yelling. Allow appropriate independence. Don't expect unquestioned obedience. And don't shame your children by comparing them to others. That's how I like to be treated.

Would I have liked my son to be a gymnast or pianist? Sure. It might have been nicer than spending my afternoons in trading card shops. Was I disappointed he wanted to stop choir? Maybe a little, but it was time. The commitment was growing. Singing had become a chore. Now, he's regaining his enjoyment. Recently he has started breaking into spontaneous song again.

Activities seem like a reasonable place for appropriate independence. My son is a great juggler, competent at chess and a soon-to-be expert gamer. We have both competed in Pokémon card tournaments. He still tells people about the time his mom beat a top-ranked player. But that's another story.

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MOVIES MUSIC TELEVISION STYLE

Johnny Depp in Black Mass as psychopathic gangster Jimmy 'Whitey' Bulger, a role that has the Pirates of the Caribbean star being taken seriously again as an actor. CONTRIBUTED

Dealt a good hand as a bad guy

JOHNNY DEPP

Goodbye Jack Sparrow, hello Oscar-worthy crime boss

Richard Crouse
For Metro Canada

Black Mass sees Johnny Depp playing Jimmy 'Whitey' Bulger, a crime lord-turned-FBI-informant who ruled South Boston and was also the inspiration for Jack Nicholson's character in The Departed.

Bulger was a community-minded cold-blooded killer. He loved his neighbourhood, kids, cats and choking people to death with his bare hands.

Depp says "a responsibility to history and truth to some degree" was very important to him going into the project.

"When you're playing someone who exists or existed," he says, "there's a tremendous kind of amount of responsibility, at least for me, no matter whether they're deemed good or bad or whatever. You have a responsibility to that person."

The 52-year-old actor's performance is already earning early Oscar buzz for the chilling authenticity he brings to a man described in the film as "ripened psychopath."

Director Scott Cooper says, "I don't think people come to narrative features for the facts, or for truth. I think you go to documentaries for that. What you do come to narrative features for is psychological truth, emotion and deep humanity. I did not want to make a film strictly about criminals who happened to be humans. I wanted to make a film about humans who happened to be criminals."

Like many underworld figures, Bulger created his own mythology based on his exploits, making it difficult for co-screenwriter Mark Mallouk and Cooper to discern what was true and what wasn't.

"Jimmy Bulger had his version of the truth which was different from (accomplice) Stephen Flemmi's," said the director, "that was different from (henchman) Kevin Weeks and (hitman) John Martorano. I had to determine what was the story I was going to tell … and tell it as accurately as I could from a very emotional place."

It's a hard-edged tale to be sure, fuelled by Bulger's violent and grim behaviour, but Depp found it best not to judge the character.

"I don't think any of us wake up in the morning and say, 'I'm so evil. I'm so horrible,'" Depp said. "I approached James Bulger as a human being, who's multi-faceted and did have a side to him that was human and loving."

Depp's performance and the work of his co-stars Dakota Johnson and Joel Edgerton among others, ensure that Black Mass is a complex study of human behaviour, but hopefully, according to Mallouk, not a glamorous one.

"None of us wanted anyone walking out of the theatre to go, 'I want to be Whitey Bulger,'" said Mallouk. "You feel that way after Scarface or Goodfellas or after The Godfather, and I love those movies, but there is a responsibility to not do that here. It feels more like Donnie Brasco. We did not want to create more fuel for the Whitey Bulger myth."

MOVIE RATINGS by Richard Crouse

Black Mass	★★★★
Everest	★★★

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★★★ WORTHWHILE
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From Grey to black

CRIME DRAMA

Fifty Shades of Grey lead stars in mob movie Black Mass

Richard Crouse
For Metro Canada

Dakota Johnson plays Lindsey Cyr, the girlfriend of real-life gangster James 'Whitey' Bulger, played by Johnny Depp, in the drama Black Mass. CONTRIBUTED

In Black Mass Dakota Johnson has a high profile role as the steely-but-sweet girlfriend to notorious gangster James "Whitey" Bulger but for much of her life she was simply known as a child of Hollywood, the daughter of Melanie Griffith and Don Johnson.

Despite an acting career that stretches back to 1999 the 25-year-old became a sensation just last year when she landed the lead role in one of the most anticipated films of the decade.

She beat out half of young Hollywood to play Anastasia Steele in the fastest selling R-rated title ever, Fifty Shades of Grey. She bared all, physically and emotionally and became famous enough to have designers create clothes for her and an avalanche of interesting scripts tumble her way. She'll soon be seen in a Fifty Shades sequel and a remake of the legendary Italian horror film Suspiria.

This week she stars opposite her 21 Jump Street co-star Johnny Depp — they appeared in the 2012 film — as Lindsey Cyr, mother of Bulger's son and the only person in South Boston who would stand up to the infamous killer.

Cyr is still alive but Johnson didn't think it was a good idea to meet with her.

"I feel like it would have been if my goal had been to be extremely accurate but my goal was to bring out a different side of Jimmy. We talked about meeting her but we decided that it would have added a bunch of components. You wouldn't see them. You wouldn't see the stories she was telling because it wasn't part of our story."

Instead she studied footage of the former diner waitress and lawyer's assistant.

"I did as much research as was available to me," she says, "but the majority of the footage I found on her was pretty recent and it was her looking back on her time with Jimmy Bulger.

"Obviously the time that we see them together (in the film) is when she is quite young. A lot of that came from working it out with (director) Scott Cooper and Johnny."

In her most intense scene she stares down and out-manoeuvres the controlling gangster after personal tragedy strikes the couple.

"There was a very heavy atmosphere on set but because Johnny was really not himself, he was a completely different person and because I'm not a mother and have never experienced anything as profoundly devastating as losing a child, I think we both completely slipped away from ourselves. That allowed us to create the scene the way it was."

ON ACTING

Edgerton portrays former FBI agent as a 'bad dude'

Joel Edgerton didn't meet the inspiration for his character in Black Mass, former FBI agent John Connolly. "He's alive and with us, albeit in federal prison and a little hard to reach," said the Australian actor. The real-life Connolly was convicted of racketeering and obstruction of justice charges stemming from his relationship with gangster James "Whitey" Bulger.

"His version of events doesn't line up with our version.... I felt like it was a little unfair to go and visit him in federal prison and say, 'You stay in here while I'm over here making you look like a bad dude.' It felt like it wasn't a very genuine thing to do." RICHARD CROUSE

TRUE STORY

Captive a tale of compassion

A new film explores the unique connection that formed between two broken people following one of the most terrifying events in Atlanta's recent history: a deadly courthouse shooting rampage.

Brian Nichols overpowered a deputy escorting him to court on March 11, 2005, for his rape trial, took her gun and fatally shot the presiding judge and court reporter and then killed a sheriff's deputy outside the building.

He stole a car and drove to an affluent Atlanta neighbourhood, where he shot and killed an off-duty federal agent.

Ashley Smith was a lonely, widowed meth addict who had repeatedly failed in her attempts to kick drugs and regain custody of her five-year-old daughter.

When she returned from a cigarette run after 2 a.m. March 12, 2005, Nichols forced her into her suburban apartment at gunpoint.

The film Captive, based on Smith's book Unlikely Angel, is set for release today.

The film chronicles the seven hours that followed as Nichols held Smith hostage while a massive manhunt for him was under way.

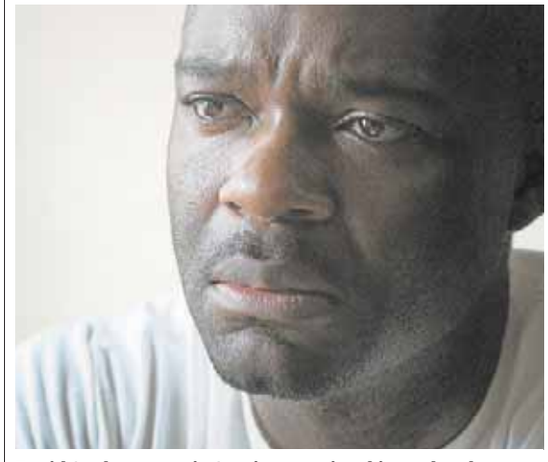
In the film, Smith — played by Kate Mara — gains the trust of Nichols — played by David Oyelowo — by reading from Rick Warren's bestselling devotional book The Purpose Driven Life, talking about God and family.

"What it boils down to is one day we're all going to stand before God and we're going to have to answer for what we did or did not do," said Smith in a phone interview.

"I guess that's why I was able to see him as a human being instead of just as a monster."

There's no question Nichols was a monster that day, Oyelowo said in a phone interview, but in Nichols' encounter with Smith, "through the humanity that she had and the vulnerability that she had and the way she treated him, somehow the humanity that was in him was able to come to the fore."

That led him to release her and surrender peacefully to police. THE ASSOCIATED PRESS



David Oyelowo stars in Captive, opening this weekend.

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CAPTURED ON CAMERA TIFF MOMENTS

Metro photojournalist Liz Beddall shares her favourite images from behind TIFF's red velvet rope. PHOTOS AND TEXT LIZ BEDDALL/METRO

1 Julianne Moore, energetic and full of smiles, lingers to sign autographs at the soggy premiere of Freeheld at Roy Thomson Hall. All types of weather greeted festival goers this year — from the sweltering and humid to the soaking and brisk.

2 A member of the press attempts to grab a moment of video of **Ryan Reynolds** at the premiere of Mississippi Grind. Many of this year's A-listers, including Reynolds, seemed determined to greet as many of their fans as possible before being ushered into their films.

3 Kate Mara strikes a few extra poses for grateful photographers at the premiere of Man Down. The stunning actress was in two films at the festival this year, and had a hectic schedule that saw her make a speedy trip back to L.A. between her two Toronto premieres.

4 Matt Damon was in good spirits as he joined his star-packed cast at the press conference for The Martian. The actor remarked that he'd only just met many of them backstage minutes before, having filmed most of his Martian scenes solo.

5 The late afternoon light casts long shadows on the red carpet as fans, some having waited for hours, gather to catch a glimpse of their favourite stars. With many gala premieres occurring at sunset, photographers had to pay close attention to their light settings to ensure the perfect exposure.

TIFF Party insider

Allen at her best and worst

Jessica Allen
For Metro Canada

Although the Toronto International Film Festival officially ends on Sunday, most of the bold-faced names have left the city to get back to the business of making movies, which means my work here is done. But after eight days of late-night interloping with some of Hollywood's top brass, I gleaned a thing or two. Here's my TIFF 2015 roundup of pivotal numbers, memorable moments, my biggest gets and regrets, plus a very important announcement.

Number of celebrities seen in the flesh: If you count the Robert Redford (circa Three Years of the Condor) and Stanley Tucci (circa The Devil Wears Prada) doppelgängers I spotted, the final tally comes to 8,577.

Number of celebrities seen eating actual food: That would be two — Liev Schreiber popped back a mini Cubano-style pressed sandwich and Mad Men's John Slattery ate an itty-bitty macaron.

Rachel McAdams and Sacha Pfeiffer at the Spotlight premiere. GETTY IMAGES

Missed screenings: Although I squeezed in just six films — Sicario, Brooklyn, Miss You Already, The Lobster, Men and Chickens and The Man Who Knew Infinity — I couldn't co-ordinate my schedule to see Youth, Spotlight and Truth. But all three films will hit theatres before the end of the year so I guess I can see them when "the public" does.

Biggest regret: Not making it to the post-premiere party of the documentary Al Purdy Was Here, not only because it's a tribute to the late, great Canadian poet and his impact on the country's culture but also because it's directed by Brian D. Johnson. The former film critic at Maclean's has been involved with the festival since nearly Day 1. He wrote the book on TIFF — literally.

Goose-bump moment: A couple of days after I became famous because I took a selfie with George Clooney, I passed by Scotiabank and saw a lineup — at least 100 people strong. Most had their TIFF screening schedules out, highlighting this, scratching out that. These true lovers of film are the heartbeat of the festival. For a moment, I didn't feel like a TIFFhole.

Best get: Then I remembered that selfie with George Clooney.

Best personal thrill: Spotlight's post-gala party at Soho House was arguably the best of TIFF. You couldn't find a moment's peace away from the celebrities if you tried. But upstairs sat many of the actual Boston Globe journalists on which the movie — which has pretty much already won the Best Picture Oscar — is based. I had the great pleasure of having a lively yarn with Sasha Pfeiffer, who Rachel McAdams portrays in the film.

Best TIFFhole moment: Remember that a TIFFhole eats and drinks for free all festival long. I went to get one last cocktail after a TIFF event last night but the party had officially ended. They actually wanted me to pay for a drink! I was so disgusted that I left.

Worst TIFFhole moment: When my dear mother asked me to explain how the Clooney selfie came to be, like, three days after I wrote about it and I'm all like, MOM READ THE STORY BECAUSE I DON'T HAVE TIME FOR THIS S—.

The announcement: A great writer once said: "The TIFFhole is a werewolf, ashamed of what it's become but hungry for its prey and the second-rate rubbed off luminosity of being in close proximity to the stars that it's hunting." Yes, I said that, just eight days ago in these very pages. I've spent the last five TIFFs moonlighting as someone I'm not. So I'm officially announcing my retirement from TIFFholedom. (Word to the wise, only a true blue TIFFhole would say she's out — TIFF always pulls you back in — because everyone loves a comeback.

Jessica Allen is the digital correspondent on CTV's The Social.

CHLOE ROSE

Hellions and wings

Chloe Rose has one hellish Halloween in Hellions, from director Bruce McDonald. She stars as Dora, a young girl who starts off the autumn holiday finding out she's pregnant, a development that draws the interest of a pack of demonic trick-or-treaters looking to use her unborn child as a blood sacrifice.

Did Bruce give you any clues as to what is real and what isn't in this story?
We discussed a lot of things while on set, but for the most part we kind of came to the conclusion that no matter if this is real or not to anyone else, all of these things that are happening are really real to Dora. There were things like touching home base — like, OK I understand what's happening here. Calling her mom, for example, or Robert Patrick's character. That was very real for her and something that connected to home, that made sense. But for the most part, everything was real but very scary. Does that make sense? Everything was confusing, but everything was very real. Because it was her home, but just surreal and different.

You're playing terrified pretty much all the time in this. Was that exhausting?
Yeah, I was tired, for sure. There's no doubt. And also, everyone was sick. Bruce was sick. He would just eat the Echinacea that I'd give him raw, just bite into it. But we would get home and I would get up at 4 a.m. to get to set, so it was just so tiring, but a really exciting time. It was exhausting, for sure. When that movie was over I slept for like a week straight, I think. But it was worth it.

What did you think when you first got a look at yourself in costume?
I had worked with the costume designer prior to this movie, and I really, really like her as a person and also her work, so I was really excited. And it looked amazing. She put together such a magical world through these clothes. So it brought it to life.

I mean, those wings.
The wings became such a huge party of the movie. Those wings went through hell. When we were climbing up the laundry chute, they were all dinged up and dirty. We had about six pairs of them, so it was fine. And the pregnant belly was quite something the first time I put it on. It's the first time I'd ever worn a pregnant belly — but it's not the last. I think I've been pregnant in three things now, which is weird. Hellions just made it my niche. I'll be typecast as the pregnant teen now. (laughs)

NED EHRBAR/METRO IN TORONTO

Chloe Rose In Bruce McDonald's Hellions. CONTRIBUTED

Sky not limit for Diane Kruger and director pal

TIFF PREMIERE

Actress and filmmaker talk about latest collaboration

Ned Ehrbar
Metro | TIFF

French director Fabienne Berthaud brings her third feature film, Sky, to the Toronto International Film Festival, and like each of her previous entries, it stars her favourite collaborator, Diane Kruger. We sat down to speak to Berthaud and Kruger about that relationship and what's next now that this project is finished.

This is your third film together. How has this collaborative relationship developed?
Fabienne Berthaud: It was really hard to collaborate with her. No, I think it's easier and easier each movie we do together because the more we know each other, the more we can go into deep things. In fact, why I want to work with Diane — of course, I love her and she is an inspiration for me — but it is also interesting to work with the same person. I can say, 'I want to now take her into this universe, in a love story, in a violent moment. You know what? To explore more and more and more.' I like this. I like when she's a little bit in danger.
Diane Kruger: It's really great to get to work with the same person over and over again. I feel like we've grown together. It was her first film and my first film when we first started working, and we've created this little family for ourselves ... For me as an actress, I would do anything for her because I trust her 100 per cent. She could literally ask anything of me.
FB: This is why I like working with her, because she always says yes.

Diane Kruger, second from left, in French director Fabienne Berthaud's Sky. CONTRIBUTED

The structure of the story is very lyrical and flowing. How would you describe your writing style?
FB: The problem is I can't explain how I'm working. Because I'm not intellectual at all, and I always feel emotion.
DK: The script for her is more of a blueprint. She has the story, and a lot of it organically evolves when we're shooting.

Diane, what for you is the key to creating this type of quiet, internal performance?
DK: It feels like we're in a moment. And sometimes I don't need to say anything, I don't need to say what is written because the situation is self-explanatory. I really felt this. I've been on this journey creating this character for four years with Fabienne. By the time we started shooting, I was Romy. I knew exactly where she was coming from, where she was going.

And do you already have your next collaboration in mind?
DK: I'm putting a lot of pressure on her. She told me an idea about a year ago, just before we started filming, and my heart just went, 'Ah, we have to make this, and can you please not wait four years?' I can't wait. I want her to be writing right now.

MISSISSIPPI GRIND

Ryan Reynolds cast for his 'handsome leprechaun' energy

Anne Boden and her filmmaking partner Ryan Fleck (Half Nelson, It's Kind of a Funny Story) have something of a '70s throwback on their hands with charming, shambling Mississippi Grind, a tale of two career gamblers (Ben Mendelsohn and Ryan Reynolds) who team up to work their way through casinos to a high-stakes poker game in New Orleans.

How much card playing or gambling experience did you have before this?
Going into it, we didn't have that much experience, but whenever we start a new project that explores a new world that we're not very familiar with, we use it as an excuse to learn something. When we were writing the script, we took that road trip, and we went to all the casinos along the way and taught ourselves poker, forced ourselves to play in tournaments even though we were pathetically terrible, horrible losers.

What little time I've spent in casinos, I've always been surprised at just how depressing they are.
They're not fresh. Mississippi Grind is their daily grind, where they come every day and just grind out a living.

> **You feel like you could win a million bucks with this guy next to you**
> Director Ann Boden

You use Ryan Reynolds in an interesting way, playing with his natural charm.
Ryan Reynolds walks into the room and sits down next to you and you feel like you could win a million bucks with this guy next to you. He's like the guy who you want on your team. We already had Ben Mendelsohn as our Gerry, and it was like, who's the guy who's going to walk into the casino that Gerry's going to say, "Hey, you're my lucky charm. You're my handsome leprechaun who I want to come on this journey with me and help me win a million bucks." Ryan has that energy, and not that many people do.

NED EHRBAR/METRO IN TORONTO

Ryan Reynolds (wearing jacket) in Mississippi Grind. CONTRIBUTED

Back to back wins for Serena Williams

RUNWAY REPORT

Her second collection draws fashion heavyweights

Serena Williams says her recent U.S. Open defeat was not a loss, but a win and a learning experience — and that she's happy for the opponent, Roberta Vinci, who derailed her quest for a Grand Slam.

"We should be happy for each other," Williams said in an interview this week after presenting her second collection for her fashion line, the Serena Williams Signature Statement Collection for the HSN network, at a high-profile runway show that drew influential Vogue editor Anna Wintour and other fashion heavyweights — not to mention Drake. "We have to build up each other. We can't be angry."

"I won four Grand Slam (tournaments) in a row, and got to the semis in another one, and I've done that twice," Williams said. "I mean how many people have done that? So it wasn't a loss for me, it was a win and a learning experience. I tried hard. Unfortunately (Vinci) just outplayed me that day ... She probably deserved it, and I am happy for her."

Williams, who won last year's U.S. Open as well as the next three Grand Slam tournaments after that, also said designing was a great break from the pressure of her tennis career. "I love what I do obviously, but I also sometimes need a break from that — and I love fashion," she said. "It's something I have a passion for."

Not that there wasn't also pressure coming from the fashion world. Williams said that this time, she really felt the need to deliver.

Williams, surprised by the attention and positive reviews her first collection garnered, felt the stakes were raised this time around. So she reached out to Wintour, she explained, and told her she was planning a second collection.

"She said, 'Let me help you, let me give you some notes'," Williams recounted. "She was able to mentor me and I was so appreciative of that. She said, 'I loved your first collection, I was so surprised, but how can we take it to the next level?' And I'm all about that!"

Williams' collection — shown to a soundtrack that included several of Drake's songs — had a very contemporary vibe, with lots of fringed leather and suede, in skirts, jackets and dresses. (She herself was wearing a revealing fringed leather skirt that showed tiny short shorts underneath.) Highlights included a sleek, tiered black fringed dress; a black gown with a line of fringe down the back; and a short, deep green bomber jacket.

"Everything that's in our collection will be available right away (online), so we have to be current," Williams said. "Fringe is one of the trends that we set upon. Also, we wanted a vibe that's homey, that's nostalgic, '70s, in terms of the fringe and the suede and the colours, so that really spoke to us."

Williams said that designing comes easily to her.

"It's easy because I went to school for it," she said. "Also, I have the most amazing team, and we work together."

THE ASSOCIATED PRESS

Serena Williams. GETTY IMAGES

Faux shearling jacket and drawstring cargo pants shown in Williams' runway collection for HSN. GETTY IMAGES

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THE TV DINNER JESSICA ALLEN

It's a story about friendship. 'But not in a knickers-shredding sort of way,' Jeremy Irons explained. 'It's a romance of a shared passion.'

The true story of Srinivasa Ramanujan who helped to revolutionize number theory despite growing up in poverty in Madras, India, with no formal education, is singular. The first time I heard his name was in Good Will Hunting, when, over dinner, Professor Gerald Lambeau tries to explain Will's inexplicable math aptitude to his soon-to-be-therapist, Sean. "This Ramanujan, his genius was unparalleled," says Lambeau. "(Will) is just like that."

Ramanujan is no longer a footnote in a Matt Damon movie: He's the subject of a new biopic starring Dev Patel and Jeremy Irons called The Man Who Knew Infinity, which had its world premiere on Thursday night at TIFF.

It's a beautiful film, with sweeping scenes in India, where Ramanujan conjures equations in his dreams, and at Trinity College at Cambridge, where professor G.H. Hardy, played by the inimitable Jeremy Irons, champions him.

Together, they extrapolate math theories and change the course of history. Throw in conflict — of culture, religion and racism — the First World War, romance and tuberculosis and the movie possesses all the trappings of a Hollywood blockbuster.

But it's ultimately a story about friendship. The real Hardy wrote that this was "the only romantic period in his life."

THE MOVIE: The Man Who Knew Infinity

THE MEAL: Heirloom tomatoes with shaved pecorino

"But not in a knickers-shredding sort of way," Jeremy Irons explained. "It's a romance of a shared passion."

The inimitable Academy Award-winning actor was speaking at a dinner with Tina Brown, who has edited the pages of Vanity Fair, the New Yorker and The Daily Beast, which she founded.

After enjoying heirloom tomatoes laced with shaved truffled pecorino, some 150 guests had to choose between entrees of either black cod or beef tenderloin.

After I noticed Irons, Brown and director Deepa Mehta were all eating the cod, I experienced order regret — until I tasted my beef.

What attracted Irons, who happily posed for photos with guests — but no selfies — to the role?

"Pure mathematics is not that different from art," he told Brown on stage after our plates were cleared.

"This is a world like nothing else, so to play a man who is just as enthusiastic (as Ramanujan), who would dream with (him), to have a chance to meet this Indian who, as if by magic, had dreams of mathematics" sold him.

Irons, who turns 67 on Saturday, has portrayed everyone from F. Scott Fitzgerald and Kafka to a pope and Poseidon on film, television and the stage. But which character would he have liked to actually be?

Father Gabriel from 1986's The Mission, a movie with arguably the best filmic score in history. What about Professor Hardy? Brown pressed him. "Yes," he said, "but I'm not made for Cambridge academia."

FASHION WEEK

Beckham and Minnie Mouse do it British style

New York is about to become old news — Fashion Week is now headed to London, where the Spring / Summer 2016 trends are about to hit the city's catwalks.

This season the stylish extravaganza will take place in SoHo. LFW is also launching its very own outdoor cinema and will be livestreaming from the runways.

The city will be crawling with supermodels but Minnie Mouse is set to get most of the attention thanks to the British Fashion Council and Disney exhibition Minnie: Style Icon which runs Sept. 19-20.

And speaking of style icons, the British fashion house Belstaff is set to premiere its new short film Outlaws, produced by Liv Tyler and starring none other than David Beckham, on Sept. 21. AFP

David Beckham
GETTY IMAGES

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Metric gets weird with Pagans in Vegas

INDIE ROCK

Six albums later, band still throwing curveballs

Self-releasing its records since 2009, Metric hasn't really answered to anyone but Metric in years — if, indeed, Metric ever really answered to anyone but Metric — so one suspects the band is privately delighting in the uneasy reception being accorded its sixth album, Pagans in Vegas.

After gamely teasing the cheap seats with the arena-ready, and subsequently arena-proven, anthemics of 2009's Fantasies and 2012's even bigger and glitzier Synthetica, the Toronto-born indie quartet has taken a bloody-minded left turn towards the "difficult" on its sixth album, Pagans in Vegas.

Not a wholehearted dive into Kid A-esque depths of obscurity, no, but a committed side trip nevertheless into regions of slow-growing, synth-y weirdness destined to divide both longtime fans and recent converts lured into the fold by latter-years pop hits like Stadium Love, Youth Without Youth, Breathing Underwater.

Early indications are it's going that way for Pagans, anyway, as prerelease reviews in outlets like Rolling Stone and Pitchfork have been unusually cool.

That a band of Metric's stature can still throw us a curveball six albums along is rather heartening, though.

As frontwoman Emily Haines puts it, there's a delicate balance that must be observed at this stage in the band's career between the desire "to not repeat yourselves and also to be true to the connection that you have with people who've been with you and love you and wanna hear more, while also having an openness to the world being full of people who've never heard your music before and being open to that and cool with that. That's why I see every record as almost a new start, in a way."

Pagans in Vegas owes some of its uniqueness, mind you, to the fact that it didn't actually begin life as a Metric album.

Haines, co-founder/guitarist Jimmy Shaw, bassist Josh Winstead and drummer Joules Scott-Key parted ways at the end of the Synthetica tour with a pledge to take a year off for the first time in Metric's more than 15-year history.

The "break" didn't quite work out as planned. Within a few months, Haines and Shaw had both composed an entire album's worth of songs apiece.

Hers, written while travelling through Spain and Nicaragua, were of a more organic bent reminiscent of her excellent 2006 solo album Knives Don't Have Your Back. His, written at home in his Giant Studio space at Dundas and Ossington, went the other way, indulging heavily in synthesizers and Shaw's long-neglected love of Depeche Mode and Kraftwerk.

"It was totally spontaneous," says Haines.

"He did it not even thinking it would be Metric – he just did it because he felt like it. And for me, I did the same thing with a guitar and piano off in Spain and Nicaragua. For the first time ever, I think, we didn't just put it all in one pile and speed everything up or slow things down and add guitars. We used to feel like every dish needed every ingredient, but we started with this interesting moment of 'Hey, wait, maybe not.'

Metric may have yet another new release by early 2016.

TORSTAR NEWS SERVICE; ILLUSTRATION BY METRO

"We just decided let's be true to what this is. And it sounds great. I love it. It's the vision that Jimmy had, and he kind of returned the favour with the following record by helping me execute my dreams of the warm, sepia-toned sound I've been obsessed with my whole life."

Hold on, another record?

Yes, indeed. There's an entire followup to Pagans in Vegas ready to go, this one recorded with no electronics ("We banned synths," laughs Haines) on the road at places like Nashville's Blackbird Studios, Steve Albini's studio in Chicago and famed Fleetwood Mac haunt Village Studios in Los Angeles during Metric's recent summer gig opening up Imagine Dragons' North American tour.

Metric isn't sure when it'll see the light of day or how — it might come out through the band's recently launched Pagan Portal app, says Haines — but it seems we'll have more by early 2016. TORSTAR NEWS SERVICE

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BUSINESS

Canucks some of the world's most tight-fisted music fans

Alan Cross
For Metro Canada

Canadians have some pretty great music festivals, like Calgary's Sled Island, but that doesn't seem to make us open our wallets — we spend only $12.92 per person per year on music.
TORSTAR ARCHIVE

If you're reading this, chances are you consider yourself to be a reasonably serious and dedicated music fan. That also probably means you spend a non-insignificant amount of money each year on music-related purchases: CDs, downloads, vinyl, streaming subscriptions, concert tickets and so on.

But that's you. And everyone you know is also mad about music, right? From your perspective, Canadians must rock when it comes to being among the best music fans on the planet.

Actually, no. When you ask the question "what does the average Canadian spend annually on music?," the answer you get back is "not much."

According to the latest figures from the International Federation of the Phonographic Industry (IFPI), Canadians are among the cheapest, stingiest and least-valuable music fans in this corner of the galaxy.

Wait. Back up. There are a number of ways a country's music market can be measured. The most common method is to just add up all the money spent on physical and digital music within a territory over the course of the year. When the 2014 figures came in, Canada was ranked seventh in the world with $342.5 million, some $30 million behind sixth place Australia.

That last sentence should alert you to the problem. Canadian per capita spending on music stinks.

Australia's population sits at just over 23 million while Canada has over 35 million. Do the math and we learn the average Aussie drops $21.56 Canadian a year on music. That's regardless of age, economic status, geography, ethnicity or education.

It gets worse when you apply the same criteria elsewhere. Norway is a country with five million citizens and each of them spends an average of $31.27 a year on music, making them the most valuable music fans in the world. That's even better than the all the music nuts in the U.K. ($27.60), CD-mad Japan ($27.37) and Spotify-crazy Sweden ($26.19). The aforementioned Australians rank sixth, the same spot they occupy on the overall music sales rankings.

So where does Canada sit? In the bottom 10 of surveyed nations. According to IFPI stats, Canadians spend just $12.92 per person per year on music. That's it. Only the people of South Korea, Italy, Spain, Brazil, Mexico, India and China spend less.

To look at it another way, we're just not pulling our commercial weight for the music business. Why? No clue. Maybe Canada doesn't care as much about music as we'd like to think.

MUSIC BRIEFS

The Weeknd rules the charts

Canadian singer The Weeknd has pulled off the rare feat of topping three premier U.S. charts. His summer hit Can't Feel My Face rose to number one on the Billboard singles chart, while his album, Beauty Behind the Madness, spent a second week at number one. He also topped for the sixth week Billboard's Artist 100, which tracks radio airplay and social media sharing. The Weeknd becomes the second artist after Taylor Swift to top all three Billboard charts simultaneously. AFP

Kid Rock interviewed for jury duty

Kid Rock has been called for jury duty in suburban Detroit. The Detroit Free Press reports the musician was among 160 potential jurors Thursday for a murder trial. Kid Rock, who was born Robert Ritchie and lives in suburban Detroit, read a paperback to pass the time as he waited with other potential jurors.
THE ASSOCIATED PRESS

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Your essential daily news

Eyes on elephants: Google launches Street View service in Kenya's Samburu park

The Parisian underground

SEWER MUSEUM

'Everything comes through here,' says guide

Forget Versailles, the Eiffel Tower and French fashion. When you want to be impressed by a marvel of Parisian design head to the Musée des Égouts, a.k.a. the Sewer Museum.

Sure, not everyone gets the appeal of the city's subterranean spectacle.

But, as tour guide Jean-Charles Pintori put it, "They are wrong!"

In fact, it is one of the best places to be on a sizzling Paris summer day. Tucked deep underground, the museum maintains an even temperature, and the ambiance, while a little smelly in parts, is not overwhelming. In some areas, the air is quite fresh and with the artfully lit galleries and exhibits, you almost wouldn't know where you were.

Almost.

Walking past a canal, its dark surface prettily reflecting the glow of tunnel lights, you may see tiny bubbles popping on the surface, creating an effervescent sparkle — this is escaping methane gas.

Exhibits trace the history of Parisian sewage from the Middle Ages, when streets had drains for wastewater in the middle, to the current incarnation, which got a major overhaul in the mid-19th century under the supervision of city planner extraordinaire Baron Haussmann and engineer Eugène Belgrand.

The current system is unusual in that it also includes conduits for drinking water, handles rain runoff and houses telecommunications cables.

Displays of equipment, some antique, some current, show the tools used to keep the tunnels clear — workers remove about 15,000 cubic metres of solid waste per year.

It's a tough job. Still, there are some families who have worked in the sewers for generations and are proud of their public service. Most are men but there are about a half-dozen women.

Writer Victor Hugo called the sewers "that wonderful underground city" and used them as the setting for Jean Valjean's dramatic rescue of Marius in Les Misérables. You'll find a picture of the rescue in a corner of the museum along with a map showing the sewers as they were at the time the novel is set.

People aren't the only creatures travelling these tunnels, as a glass case full of stuffed rats indicates. There's also a display of antique swords — apparently at some point, someone somewhere tossed them and into the gutters they went. As Pintori pointed out, the sewers are "the intestines of Paris. Everything comes through here."

Modern-day Parisians are more likely to lose keys than fencing foils down storm drains. If that happens, there's a number you can call to ask a worker to go look for your lost possessions. Officials report they perform anywhere up to 3,000 such operations per year with an 80 per cent success rate.

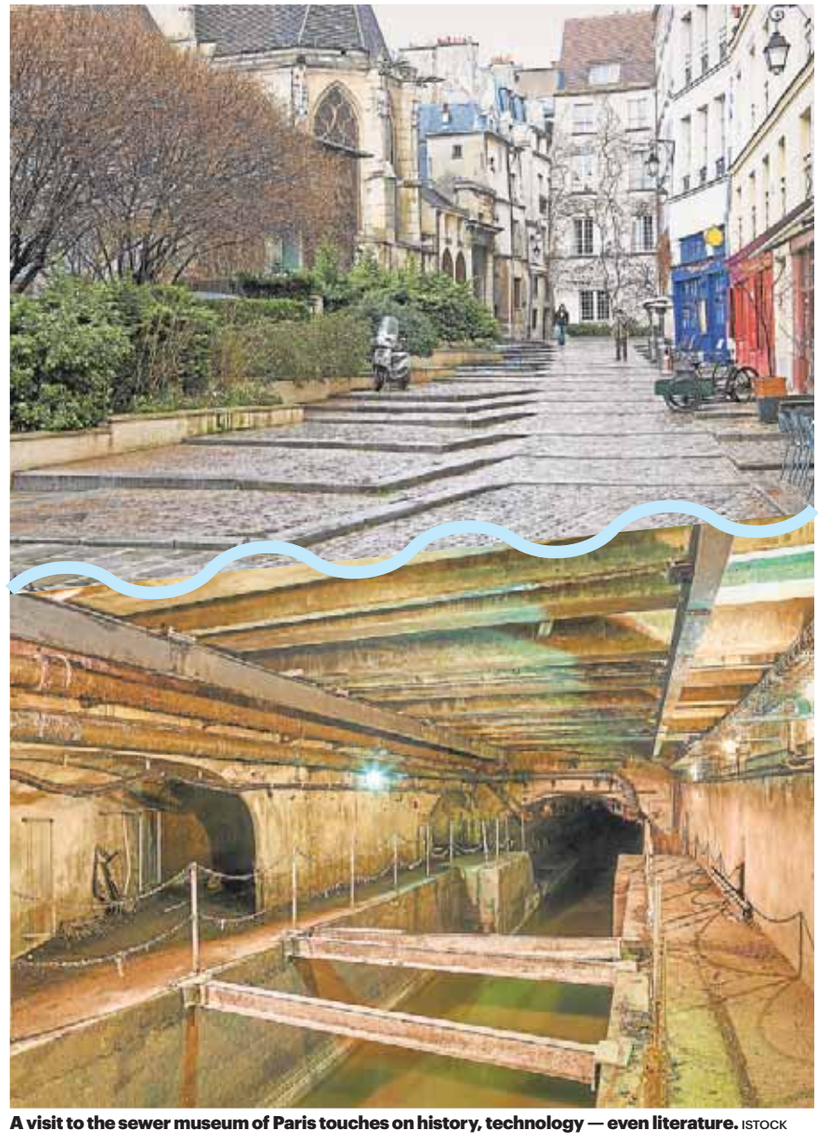
Like all good museum tours, this one ends at the gift shop where you can buy mementoes of your visit including stuffed (toy) rats.

Unlike most museum tours, departing visitors are admonished to wash their hands, to ensure they leave with nothing but memories.

THE ASSOCIATED PRESS

IF YOU GO

The sewer museum of Paris is near the Pont d'Alma and opposite 93 Quai d'Orsay. Admission: 4.40 euros (about $6.60). Guided tours are highly recommended but reservations are required. Online: http://en.parisinfo.com/paris-museum-monument/71499/Musee-des-gouts



A visit to the sewer museum of Paris touches on history, technology — even literature. ISTOCK

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TRAVEL NOTES WINE TASTING TO ISLAND HOPPING

Sonoma side trip
Sonoma County post-crush season is one of the best times to visit — after the tasting-room crowds have thinned out, but before the rich aroma of the harvest has dissipated. But Sonoma is more than just wine (only six per cent of the landscape is grown with grapes). The county is fun for foodies, families, outdoor adventurers, art lovers, history buffs and spa goers. Visit SonomaCounty.com.

Tour booking
Sure, winging it in a foreign country is fun, but sometimes you need preplanning, particularly in places that don't speak English. Recently expanding business in North America, online tour experts TourRadar.com houses tours of all stripes, with honest, unbiased comparisons based on real traveller reviews. Best bonus: No fees.

Bucket list: B.V.I.
Caribbean island chain the British Virgin Islands is a sailing hot spot, famous for pristine beaches and for the yachting enthusiasts who flock to the 50+ volcanic islands. Get in touch with the white sands of Tortola, the beachside boulders of The Baths on Virgin Gorda, the incredible landscape at Anegada and the folk tales of Jost Van Dyke. Visit BVITourism.com. DOUG WALLACE

Gustafson Family Vineyards, Healdsburg, Calif. CONTRIBUTED

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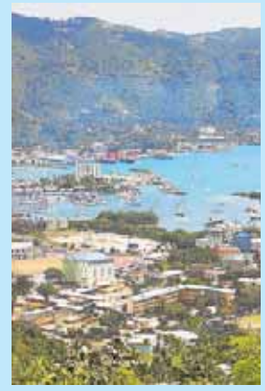

Road Town, Tortola, B.V.I. CONTRIBUTED

ON THE MOVE

Best getaways for fall foliage

Loren Christie
For Metro Canada

Leaf peepers, take note! For the next six weeks the autumn colours will be at their glorious best and fabulous getaways are waiting across the country.

Colourful Cabot Trail
Nova Scotia's Cabot Trail is a spectacular drive year-round, but in the fall it's at its best. The incredible ocean vistas never change but the maples and birches that blanket the highlands are exploding in vibrant colour. Pack a lunch and eat in one of the national parks' picnic spots to savour these last days of warm weather.

Consider going in mid-October and catch part of the 17th Celtic Colours Festival. Running from Oct. 9 through 17 this annual event features community dinners, shows and 47 concerts with local Celtic and international musicians.

Ontario's shifting landscape
One of Ontario's great fall drives is between the city of Sault Ste. Marie and the town of Wawa. Lake Superior Provincial Park, which inspired the Group of Seven painters, marks the transition point between a Great Lakes-St. Lawrence forest of sugar maple, red maple and yellow birch and a boreal forest dominated by evergreens.

If you want to stretch your legs, hike a section of the 65-kilometre Coastal Trail. If you are heading elsewhere in the province check out ontariotravel.net for live updates on the fall colour report.

Fall in Algonquin Park in Ontario. ONTARIO PARKS

Toast the season in B.C.
For those who enjoy the odd sip, the annual Fall Okanagan Wine Festival in British Columbia is set to run from Oct. 1 through 11. Crowds will gather to pair cheese with favoured pours, sample menus courtesy of young Okanagan chefs and challenge their taste buds during a host of blind taste tests all amidst the splendour of the autumnal harvest.

Choir al fresco
Should you prefer to raise your voice versus a glass, the first Come All Ye community singing experience is taking place in Trinity, N.L., from Oct. 2 to 7. The five-day choral workshop is aimed at people who share a love of singing, even if you have never performed publicly.

The program will comprise morning and late afternoon rehearsals with free time to hike stunning trails, visit nearby villages, photograph or simply relax. The choir will come together singing traditional folk, light classical and spirituals, and the whole experience will culminate with a concert by the group at the historic Garrick Theatre in nearby Bonavista. The package is being offered by Maxxim Vacations.

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Eyes set on upcoming flu season

PUBLIC HEALTH

How the government keeps tabs on influenza

Jacqueline Kovacs
For Metro

Brush up on the basics for this flu season at canada.ca/flu. SHUTTERSTOCK

Remember the swine flu pandemic of 2009-10? It was the fourth time the world had been hit with a lethal virus, the first round being back in 1918.

Researchers found this flu to be a new strain of H1N1, combining bird, swine and human flus, along with still another Eurasian pig flu virus — with a nasty result. By the time the virus had run its global course, some 18,500 people had died as a result of the swine flu, though researchers put that number much higher.

Regardless, people became far more attuned to the annual flu season — especially those in Canada's Public Health Network. That organization helped launch an influenza public awareness website — fightflu.ca. The site was designed to support seasonal influenza awareness as part of a national pandemic-awareness plan so people wouldn't be caught off guard.

The resource would also help dispel some of the mixed messages around influenza through a single website linking every provincial and territorial flu activity and resource.

Fast forward to 2014, and the federal government has joined in, integrating the site through canada.ca/flu. So what does all this mean for Canadians this coming flu season?

RELIABLE INFORMATION

"Laboratory-confirmed influenza has been nationally notifiable in Canada since 2000," said Maryse Durette, senior media relations advisor, serving Health Canada and the Public Health Agency of Canada. "However, influenza surveillance existed prior to that time. Canada's national influenza surveillance system — FluWatch — was established in 1996. Prior to 1996, influenza surveillance in Canada consisted of mostly laboratory data that was not nationally co-ordinated."

NATIONAL SURVEILLANCE

"FluWatch was developed with the aim to enhance the existing surveillance system for influenza in Canada, co-ordinated through a national organization," said Durette.

That's in keeping with FluWatch's two main objectives — providing up-to-date information on influenza activity in Canada to health professionals and interested Canadians, and providing information that the World Health Organization can use to make recommendations on the best vaccine to use for seasonal flu shots.

Get a jump on the flu this season by brushing up on the basics at canada.ca/flu.

A national flu first-aid kit: Keeping Canadians informed and healthy

Catching the flu isn't just unpleasant, it could be life-threatening, and its impact is felt across society and the economy.

Remember how SARS took a toll on Toronto? Afraid of getting ill, people avoided public places — and tourists avoided Toronto altogether.

While the annual flu might not always be quite as alarming as SARS was back in 2003, its ripples can be felt beyond your sick bed.

"A flu pandemic has the potential to have a massive impact on essential services," said Dr. Matthew P. Muller, medical director of infection prevention and control at Toronto's St. Michael's Hospital. "Think about the early stages when you have the flu. You work in an office with, say, five other people. You come in sick, infect them and it can really shut the place down."

To help raise awareness about these and other flu risks, the Public Health Agency of Canada co-ordinates an annual National Influenza Immunization Campaign to inform people about the benefits, safety and effectiveness of the flu shot and to educate Canadians about other prevention strategies, including handwashing, coughing into their elbows and staying home when they are sick.

The agency also works with Immunize Canada, a non-governmental organization, to support public health providers and health professional associations in raising public awareness about the benefits of the flu vaccine.

Their efforts include free posters, a fact sheet and a health professionals' pocket guide, all available through the agency's website. The agency also makes use of social media platforms such as Facebook and Twitter to encourage Canadians to get the flu shot.

Find up-to-date recommendations, frequently asked questions, information on local flu clinics and more at canada.ca/flu.

JACQUELINE KOVACS/FOR METRO

The Public Health Agency of Canada co-ordinates an influenza immunization campaign to inform people about the safety and effectiveness of flu shots. SHUTTERSTOCK

VACCINES

An app for shots

Are you finding it tricky to keep track of the various vaccines you and your family have had? There's an app for that.

The Public Health Agency of Canada has partnered with the Canadian Public Health Association, Immunize Canada and the Ottawa Hospital Research Institute to launch ImmunizeCA, an innovative free app that helps Canadians store their family's vaccination records.

While it doesn't replace official immunization records, the app does let you access your required provincial or territorial vaccination schedules.

Plus, you can access the latest vaccination info, get outbreak alerts and details for travellers.

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metro SPORTS

Commissioner Gary Bettman says, "the entertainment value of the game has never been better" as NHL camps opened

Adding artistry to his outs

MLB

Defensive responsibilities give Goins a chance to shine

Sometimes it seems like Ryan Goins is just fooling around during practice, not taking his preparation seriously. As part of every Blue Jays pre-game, he will practise in the field making the same outrageous plays that make highlight-of-the-night loops at all-sports networks.

In Game 2 of the Braves series, the versatile 27-year-old middle infielder made another of those jaw-dropping plays on a ground ball in the hole at short that just eluded a diving Josh Donaldson and ended up in Goins' glove. Running full speed away from first base, he turned his body and launched a blind, accurate throw to a stretching Edwin Encarnacion. Nick Markakis could only shake his head.

"Most of the time, I'm just having fun with it, kind of messing around," Goins said in describing his pre-game freestyle routine. "I'm serious on my first 25, and the last five I'll just try to do stupid stuff. Sometimes, in the game it comes out. You're not going to make those plays if you don't practise it. It's fun. I like to have fun with it and make as weird a play as possible."

Goins has been the Jays' best defensive second baseman and the best defensive shortstop in the 113 games in which he's played. He was inspired by those he watched growing up.

"Not so much when I played against them the last couple of years, but when I was a little kid. (Derek) Jeter made those plays all the time and made it look easy," Goins said. "(Alex Rodriguez) when he played short was unbelievable. Omar Vizquel, Robbie Alomar, those guys were some of the best to ever play the game. It's more satisfying than getting hits. Saving runs is fun and helping those guys out any way that I can is just what I want to do."

Jays manager John Gibbons has learned to appreciate defence and, in fact, is unable to say which aspect of his team this year has been most impressive — the hitting or the renewed glove-work.

"In the big leagues, you've got to take away hits, too," Gibbons said. "It's not always just good enough to make routine plays unless you're just a big bopper or something. If you're really known for your defence, you take away hits. It's huge for a team and we had some good ones (Wednesday)."

TORSTAR NEWS SERVICE

Ryan Goins has stepped in at shortstop for the Jays with regular starter Troy Tulowitzki out due to injury. JOHN BAZEMORE/THE ASSOCIATED PRESS

> **It's more satisfying than getting hits.**
> Ryan Goins, who adds flare to his defence at second base.

ON THURSDAY

5	0
BLUE JAYS	BRAVES

Jays take series in Atlanta

Marco Estrada combined with Roberto Osuna on a three-hitter, Cliff Pennington, Edwin Encarnacion and Josh Donaldson hit home runs, and the Toronto Blue Jays beat the Atlanta Braves 5-0 on Thursday night to extend their lead in the AL East.

The Jays lead the Yankees, who did not play Thursday, by 3-1/2 games.

Manager John Gibbons said shortstop Troy Tulowitzki will join the team in Toronto after having a specialist examine his injured left shoulder. He was expected to miss at least two weeks after cracking his shoulder blade. Gibbons said also said Devon Travis will have an exploratory arthroscopy on his left shoulder Wednesday. THE ASSOCIATED PRESS

ASSAULT ALLEGATION

Kane addresses media

Speaking publicly for the first time since he became the subject of a sexual assault investigation, Chicago Blackhawks star Patrick Kane said Thursday he has done nothing wrong and expects to be exonerated.

Kane is accused of assaulting a woman in her 20s in August at his off-season home outside Buffalo, N.Y., a person familiar with the investigation told The Associated Press on condition of anonymity because police have not revealed details of the case.

Kane has not been charged, but the investigation has shadowed the Stanley Cup champions for weeks.

Patrick Kane THE ASSOCIATED PRESS

"I cannot apologize enough for the distraction this has caused my family, teammates, this incredible organization and, of course, our fans," said Kane. "I am confident once all the facts are brought to light I will be absolved of having done (anything) wrong."

Kane deflected several questions that got anywhere close to the ongoing investigation.

"I know you guys have a lot of questions," Kane said at one point. "I'd love to answer them.... This just isn't the right time to do it with my respect, the Blackhawks' respect for the legal process and what's going on, I really can't comment about that right now." THE ASSOCIATED PRESS

Leafs James van Riemsdyk, left, and Leo Komarov wait to talk to reporters on Thursday. DARREN CALABRESE/THE CANABIAN PRESS

MAPLE LEAFS TRAINING CAMP

Babcock opens by wiping the slate clean

Mike Babcock didn't spend the off-season watching tape of the Toronto Maple Leafs. It was a conscious decision.

"Things went so poorly, why would I watch them be bad?" the new Leafs coach said Thursday. "It makes no sense to me. They've got a clean slate, and I want to catch them be good. That's what I got right there when I walk out of the coaches' office: Catch them doing it right."

Babcock and the Maple Leafs enter training camp with the best kind of unfamiliarity. The veteran Stanley Cup- and Olympic gold-medal-winning coach understands he's in for some surprises, but he doesn't want the team's recent struggles to cloud his view.

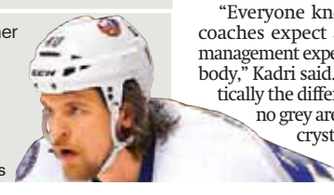
He doesn't know how centre Nazem Kadri has shown flashes of sublime skill mixed with fits of inconsistency, how defenceman Jake Gardiner sometimes can't be trusted in his own end or how captain Dion Phaneuf has been maligned for his mistakes. Babcock has coached against the Leafs, but this camp is a chance for him and general manager Lou Lamoriello to get to know players and make their own judgments.

"Everyone knows what the coaches expect and what the management expects from everybody," Kadri said. "That's realistically the difference is there's no grey area. Everything's crystal clear." THE CANADIAN PRESS

GRABNER DEAL

The Leafs acquired forward Michael Grabner in a six-player trade with the New York Islanders on Thursday.

Toronto gave up forwards Taylor Beck and Carter Verhaeghe, defencemen Matt Finn and Tom Nilsson, and goaltender Christopher Gibson in the deal.



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RUGBY CANADA

Murray now just another 'faceless' foe for Cowboys

NFL

Dallas won't be sentimental about old star in Philadelphia

Jason Witten glared at reporters, mostly out of determination and not anger because the affable Dallas tight end was trying to make a point about facing former teammate DeMarco Murray for the first time.

Never mind that Murray helped redefine the Cowboys' offence while leading the NFL in rushing for a playoff team and breaking Emmitt Smith's franchise record with a league-best 1,845 yards. That's so last year. And so last team, after Murray took big money from NFC East rival Philadelphia in free agency.

"There is no reunion to this deal," Witten said of Dallas' game Sunday at the Eagles (0-1). "Let's not make it bigger than what it is. It happens all the time in the NFL. Let's go on. We're going up there to win a football game."

One of coach Jason Garrett's pet sayings is "nameless, faceless opponents," and a mannequin with a jersey and football pants made a rare showing in a hallway near the locker room this week.

It was positioned so that players could see it entering and exiting team headquarters. Garrett flatly rejected the idea that was a special appearance for the faceless figure with a white No. 55 jersey — no name on the back, of course. A team spokesman further explained that the mannequin accompanied the team to training camp in California.

"Uh, it's been, uh, around a long time, the nameless, faceless opponent," Garrett said. "It has nothing to do with this week. It has something to do with every week."

This week or otherwise, the Cowboys (1-0) are getting the message. "He's a good back, a good downhill runner, a guy that had a lot of success here in this locker room," cornerback Brandon Carr said. "He's on the other side of the field. We take it as a nameless, faceless opponent and we're going to get after these guys and do our job."

> **There is no reunion to this deal. Let's not make it bigger than what it is. It happens all the time in the NFL.**
> Jason Witten of Dallas' upcoming game with Philadelphia

There's that phrase again, prompting a question for Carr about the mannequin.

"The mannequin," he said. "Yeah, nameless, faceless mannequin. The mannequin."

Sound automated? Check out defensive end Jeremy Mincey, who was asked if he would seek out Murray for a pre-game handshake.

"I've got to be a programmed robot before the game starts so I'll probably stay in this week," Mincey said.

Murray was equally dismissive as the obvious choice by Dallas reporters for their weekly conference call with one of the opposing players.

He used the word "normal" three times in the first three questions, and joined his former teammates in rejecting the idea that it was a difficult off-season on both sides of the decision to turn down less money for the $42 million, five-year contract he got from the Eagles.

"Outside of football, they're friends and I respect the decision they made," Murray said. "I'm sure they respect the decision I made, but I moved on. I'm sure they moved on."

THE ASSOCIATED PRESS

Philadelphia's DeMarco Murray left the Cowboys — where he broke Emmitt Smith's franchise record — last year as a free agent for a big money offer. JOHN BAZEMORE/THE ASSOCIATED PRESS

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RUGBY WORLD CUP

Ardron out of Ireland opener

Captain Tyler Ardron, nursing a knee injury, will miss Canada's Rugby World Cup opener Saturday against Ireland.

Veteran forward Jamie Cudmore, in his fourth Rugby World Cup, will captain 18th-ranked Canada against No. 6 Ireland in Cardiff's Millennium Stadium.

Ardron has not played since injuring his medial collateral ligament July 29 against Samoa in Toronto in Pacific Nations Cup play.

"It's very close but it's just not worth the risk at this stage," Canadian coach Kieran Crowley said after announcing his lineup Thursday at a news conference in Swansea. "We want him for the rest of the tournament as well. He'll definitely be available for next week's selection but it's just come two or three days too early for him for this particular one."

Canada's next game is Sept. 26 against No. 14 Italy in Leeds, England.

The Canadians are kicking off the tournament with a bang. Ireland was ranked as high as No. 2 in the world at the end of August. Crowley, who was told there were only 500 tickets left at the 74,500-capacity stadium, calls it a massive challenge.

"They've selected a very strong team," he said of Ireland. "Probably close to their top team on paper, so they'll want to get their campaign off on the right foot.

"We've just got to go out there and look to have a good set platform and look to try and put our game on the field."

Sky Bet has Ireland as a 1-750 favourite to win, meaning a $100 bet will return 13 cents in profit. Canada is a 66-1 underdog, with a $100 bet netting you $6,600.

The Irish are defending Six Nations champions but enter the tournament on the heels of losses to Wales (16-10) and England (21-13).

Still Canada has never beaten Ireland, going 0-5-1 in matches between the two in all competitions.

Luke Fitzgerald comes in at centre for the injured Robbie Henshaw (hamstring) in an Irish team that has six World Cup debutantes. Scrum half Conor Murray has been deemed fit after suffering a concussion against England two weeks ago, while fullback Rob Kearney has recovered from a bruised knee.

The 20-team tournament opens Friday when host England, ranked fourth in the world, plays No. 9 Fiji at Twickenham.

THE CANADIAN PRESS.

Canada centre Tyler Ardron. GETTY IMAGES

ROSTER NOTES

On the sidelines

James Pritchard had hoped to be kicking in his fourth Rugby World Cup for Canada on Saturday in its tournament opener against Ireland in Cardiff.

Instead Canada's all-time scoring leader, deemed surplus to requirements, will be cheering his teammates on.

He is not alone. Winger Taylor Paris (knee) and props Jason Marshall (rib) and Tom Dolezel were denied by injury.

The 36-year-old Pritchard was not picked for this tournament — the victim of a deep roster.

THE CANADIAN PRESS

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RECIPE Sundried Tomato, Kale and Feta Stuffed Chicken Breasts

EAT LIGHT AT HOME

Rose Reisman
rosereisman.com
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Ready in
Prep time: 15 minutes
Cook time: 18 minutes
Serves 4

Ingredients
- 2 tsp vegetable oil
- 1 cup diced onion
- 1 tsp minced garlic
- 1 1/2 cups chopped baby kale
- 1/4 cup finely diced sun-dried tomatoes (rehydrated)
- 1/2 cup crumbled feta cheese
- 4 boneless, skinless chicken breasts

Topping
- 1 cup panko crumbs
- 2 Tbsp grated Parmesan cheese
- 1 Tbsp olive oil

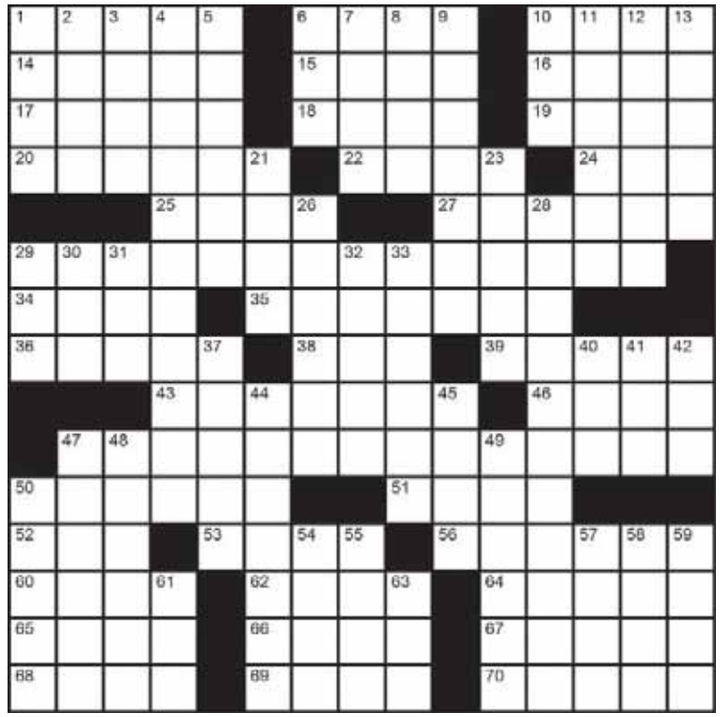
Directions
1. Preheat oven to 400 F.
2. In a hot skillet, add oil, onion and garlic and sauté for three minutes. Add kale and sauté until wilted. Add sun-dried tomatoes and feta cheese.
3. Split each chicken breast horizontally but not all the way through. Open like a book. Place in baking dish. Divide filling over top and close breast.
4. In a small skillet add panko, Parmesan and olive oil and sauté for one minute. Sprinkle panko over top chicken. Bake for 15 to 20 minutes or until temperature reaches 160 F.

Nutrition per serving
- Calories 374
- Protein 35 g
- Carbohydrates 25 g
- Fibre 2 g
- Total fat 14.4 g
- Saturated fat 5 g
- Cholesterol 86 mg
- Sodium 643 mg

PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Become a perished perishable
6. Formed
10. Scary movie hazes
14. ABBA musical, _ Mia!
15. Tel _, Israel
16. Annoying kid
17. Not suitable
18. Seedy joint
19. Comic actor Eric
20. Switzerland city
22. Wrapped garment
24. Model/actress Carol
25. Peel
27. Covets
29. For her multi-character work on "Orphan Black", Canadian actress up for an Emmy this weekend: 2 wds.
34. Audiences might react with "Brava!" upon hearing one
35. Suffer through the humidity
36. Old Rome's 1951
38. Passed in 1867, it made Canada [acronym]
39. Mom of Melanie of movies
43. La Seigneurie de l'Ile d'_ (Botanical oasis in Quebec)
46. 'Switch' suffix
47. As an example in Nova Scotia... Antigonish, because of St. Francis Xavier: 2 wds.
50. Trotsky's exiler
51. Chop _
52. River in Asia, _ Darya
53. Virtually, in verse
56. Sprint Cup Series org.
60. Pink, in Madrid
62. Flair
64. Be sparkly
65. "Hold on _ _!" (Wait!)
66. _ contendere (Court plea)
67. Comedian Ms. Fields (b.1930 - d.1978)
68. Stick around
69. Deuces
70. Sty slop

DOWN
1. Self-satisfied
2. Window piece
3. Sultanate of the Arabian Peninsula
4. Canadian petroleum company founded in 1880: 2 wds.
5. Riga's realm
6. Angry
7. Car rental company
8. Prima donna
9. New mountain climbing movie based on a true story
10. 'Most Wanted' org.
11. Decree
12. Ship's kitchen
13. Lets it stand (Proofreading term)
21. TV pundit Ms. Coulter's
23. Bay
26. "Mork & Mindy" star Pam
28. "America's Got Talent", basically: 2 wds.
29. Glasgow topper
30. Electrical discharge
31. Faith's country honey
32. Ms. Suvari's
33. Ms. Morissette
37. Canadiens coach Dick in "The Rocket" (2005)
40. _ rata
41. Black Eyed Peas chart-topper: "Boom Boom _"
42. Particle
44. Soft
45. Stupefy
47. Greatest extent
48. Feeling-ill state
49. Bakery supplies
50. Gilbert and Rue
54. Spa facial benefit
55. Angel's crown
57. _ Field (NY Mets ballpark)
58. Indigo dye
59. Spin
61. 'Fall' or 'Leg' suffix
63. Li'l things on telephone keypads

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
A relationship may be going through a rough patch but there is nothing to worry about. Even so, you could make things easier for yourself by not giving them the impression you don't care, when you really do.

Taurus April 21 - May 21
Today a work colleague will move at their own speed — and that's dead slow. Don't bother losing your temper. Grit your teeth and bear it.

Gemini May 22 - June 21
Your priority must be to get out into the world and do what Geminis do best — have fun. Career and money worries can be left until another day, or another week, or another month. Leave them for another year!

Cancer June 22 - July 23
There will always be good days and bad days but there will be a lot more of the former if you change the way you assess what is "good" and what is "bad."

Leo July 24 - Aug. 23
However difficult your current situation may be you will handle it with ease. Whatever you have to face, today or any other day, is what you are meant to face.

Virgo Aug. 24 - Sept. 23
What happened in the past is irrelevant to your present situation — in fact it's a waste of time even thinking about it. Look back only to learn a lesson or two, then look forward and start moving forward too.

Libra Sept. 24 - Oct. 23
There is no reason why you should beat yourself up. If you indulge your emotions too much you may lose sight of all the good things you have to be thankful for.

Scorpio Oct. 24 - Nov. 22
Something that made perfect sense a short while ago now seems to make no sense. Don't worry about it. A day or two from now you will have forgotten why you thought it was so important.

Sagittarius Nov. 23 - Dec. 21
You may have strong views on controversial topics but the planets warn this is not the right time to make an issue of them. Wait until the Sun moves in your favor on the 23rd.

Capricorn Dec. 22 - Jan. 20
You may be having fun but consider the consequences which could arise from some of your impulsive actions. Think about what you are doing and why then tone down your act a bit.

Aquarius Jan. 21 - Feb. 19
The answers you seek are easily found, but only if you ask the right questions in the right way. You're an Aquarius, so think, speak and act big.

Pisces Feb. 20 - March 20
The best way to deal with a negative situation is to ignore it. No, really. The more you focus on what's going wrong the longer it will stick around, so starve it of the oxygen of attention and see how fast it shrinks in importance.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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